



Namaste thearyasamaj ji,

Time is a constant change. It rhymes but never remains the same. We have stamped this consistent change into minutes, hours, days and years. We have completed another year in our life creating memories, which may be cherished or be forgotten forever.

Another fresh new year is here. Another year to live, to banish worries, doubts and fears ...to love, laugh and give! This bright New year is given to us to live each day with zest, to daily grow and to try to be our highest and our best! We have an opportunity once more to right some wrongs, to pray and work for peace, to plant a tree and to sing more joyful songs!

Let us make a New Year resolution. We will try to **make 2014 a memorable year.**

Begin our New Year with Auspicious Havan

Arya samaj will conduct New Years Havan on Wednesday, January 1- 2014 from 11.00 am to 12.30 pm. Everyone is invited to join.

DAV Montessori School Open House & 2nd Grade Information Session

The teachers and staff invite potential parents interested in learning more about the pre-school and elementary classes to an open house **Thursday, January 16 at 6pm.**

The teachers will open the classrooms to potential parents. This is a wonderful opportunity to understand more about Montessori methods and what makes DAV

Upcoming Events:

New Year day satsang at Arya Samaj:

Jan 1, 2014, from 11:00 am to 12:30 pm.

Open House at DAV Montessori:

Jan 16, 2014, at 6pm.

For details, contact Arti Khanna

Breakfast Yoga Club Meet:

Jan 25, 2014, from 8:00 am to 10:00 am.

Contact Shekhar Agrawal: 713-443-8228

New classes starting next year on Jan 16th every Thursday:

6:00pm-7:00pm - Beginner Sanskrit

7:00pm-8:00pm - Patanjali Yoga darshan

Regular Activities:

Weekdays:

7:30am-6:00pm: DAV Montessori School, for children ages 2.5 yrs to 3rd grade.

Tuesday:

6:00-7:00pm: Sanskrit Class

7:00-8:00pm: Geeta and Upanishad Discourse

Saturday:

8:00-9:30am - Yoga Classes

Sunday:

8:00-9:30am - Yoga Classes

10:00am-12noon - Satsang and DAV Sanskriti School

Listen to Acharya ji's Sunday [Pravachan](#)

To become yajman please contact [Payal Talwar](#) or Acharya Surya Nanda ji. For more information about Sunday satsang and yajmans please [Click here](#).

Contact Info:

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Montessori a step above traditional Montessori schools!

There will also be an **information session held in which a current 2nd grade parent panel** will hold a candid Q&A addressing all of your questions regarding 2nd and 3rd grade. Many of these parents have had their children in the school since pre-school and will be able to offer wonderful insight.

Have you wondered what is the hype about Montessori?

Have you wondered what the benefits of a private school for 2nd and 3rd grade are?

Have you wondered what your children will learn at this school versus another private school or a public school?

Get all your answers January 16!



Houston Food Bank Campaign!!

Thanks to all of you who kind heartedly donated food and cash for this good cause. We were able to deliver **21 boxes, 569 lbs of food and a check of \$1700**. We were also able to get a coupon where Chevron matched our dollar for dollar our cash donation. Thus, the Food Bank received **\$3400**. Every little bit helps.

We are very happy with the final result, thanks to all of you who came out at the last minute and gave a big nudge to the final numbers.

Here in this picture, we have Jai Agarwal ji ready to deliver the donated food to the **Houston Food Bank**.

AYM Meals on wheels

16 Arya Yuvak Mandal (AYM) team members participated to deliver **hot meals to seniors** on Thanksgiving Day. **The Meals on Wheels** is a community service project hosted by Interfaith Ministries and provides a home delivered meal to seniors over 60. The program also delivers breakfast and weekend meals to the most frail and isolated seniors.

It started off in the morning when the AYM team met together and received their

Arya Samaj Library

The library is reaching out to members to return books that have been checked out over the last few years. If you have any books from Arya Samaj, please bring them back to the library.

For more information, please contact Rajeev Khanna or email aryasamaj@gmail.com.



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routes to deliver the meals. 27 bright faces (including parents) packed the meals (both hot and cold) drove around the city to deliver the meals to seniors. During the process, the AYM members spent time with many seniors at their homes, and talked to them bringing joy and happiness to these seniors who are usually alone during the holidays.

AYM has been participating in this for four years, and this year's contingent was its largest. AYM plans to continue doing this because of the contentment and opportunity it provides to give back to the community. The activity also made AYM members realize how blessed we all are.



Breakfast Yoga Club meet!!

A hall full of yogis will meet at the Arya Samaj Greater Houston on the morning of Saturday, January 25th, for a free two hour class on Yoga. Serving the community and offering Sewa with a heart full of love are one of the main objectives of the Houston Breakfast Yoga Club. These objectives align with those of the Arya Samaj, whose motto is to make the world noble

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