

ऋग्वेद

यजुर्वेद

ओ३म्

मूल्य: ₹ 15

पवमान

(मासिक)

वर्ष : 27

पौष-माघ

वि०स० 2071

जनवरी 2015

अंक : 1

मुद्रक: सरस्वती प्रेस, देहरादून

वजन: 50 ग्राम



नववर्ष मंगलमय हो

सामवेद

अथर्ववेद

योग शिविर एवं चतुर्वेद परायण यज्ञ



जनवरी 2015

रवि	सोम	मंगल	बुध	गुरू	शुक्र	शनि
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फरवरी 2015

रवि	सोम	मंगल	बुध	गुरू	शुक्र	शनि
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मार्च 2015

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रवि	सोम	मंगल	बुध	गुरू	शुक्र	शनि
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जून 2015

रवि	सोम	मंगल	बुध	गुरू	शुक्र	शनि
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जुलाई 2015

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अगस्त 2015

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सितम्बर 2015

रवि	सोम	मंगल	बुध	गुरू	शुक्र	शनि
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रवि	सोम	मंगल	बुध	गुरू	शुक्र	शनि
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नवम्बर 2015

रवि	सोम	मंगल	बुध	गुरू	शुक्र	शनि
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दिसम्बर 2015

रवि	सोम	मंगल	बुध	गुरू	शुक्र	शनि
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Web-www.vaidicsadhanashramdehradun

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 fn[kkbZ nrh gA vFkobn ea dgk x; k g&
 ^l ân; a l keul; efo}ska—. kke o%* vFkZr~
 r qgjk ân; , d gk} eu , d gk} rø vki l
 ea yMks er] , d&n l js dk l; kj l s pkgkA
 vk; 7 ekt on eafn; sx; sfunžkka dk i kyu
 djrk gS vkj ; t pñ ds , d el= ea dgk
 x; k gS & nrs nge ek fe=L; ek p{kqkk
 l okf.k Hkrkfu l eh{kUrkeA fe=L; kgap{kqkk
 l okf.k Hkrkfu l eh{ks fe=L; p{kqkk l eh{kk
 egAA vFkZr~gsi ješoj! epl eFkZcukb; }

l c Ák.kh eqsfe= dh nf'V l sn[s kavk] eš
 l c l c Ákf.k; ka dks fe= dh nf'V l sn[kj
 ge l c ijLij fe= dh nf'V l sn[kA
 egf'kzn; kuln dk dguk gSfd ^ l R; kl R;
 fo'k; Ádkf"kr fd; s tkus ij Hkh ftl dh
 bPNk gks og ekus o u ekus fdl h ij
 cykRdkj ughafd; k tkrkA** bl Ádkj ; g
 Li'V gSfd vk; 7 ekt fdl h dks Hkh vi us
 fopkj ka dks ekuus ds fy, dHkh ck/; ugha
 djrk gS vfi rqvk; 7 ekt ds fl) kUr vkj
 dñ ugha onka eafn, x, fof/k vkj funžk gA
 ftudsvuq kj euq; dks pyus ds fy, onka
 ea f"kk nh xbZ gA vk; 7 ekt dk ; g
 bfrgkl jgk gS fd bl ds }kjk fdl h dks
 /keZbrj.k ds fy, dHkh mdl kusdk dk; Z; k
 /keZifjorU ds fy, ck/; ughafd; k vkj u
 dHkh fdl h Ádkj dk cy Á; ksx fd; kA ; g
 vo"; gS fd vkRekbufr dh vfhkyk'kk l s
 ; fn dkbZ bl ds }kj ij vkrk gS rks ml s
 fujk" k ughafd; k tk l drk gA

fn'kk cny xbl

, d txg dñ j i hfMf jkfx; kadsfpfdRI k "kkL=h; fp= yxk, x, FkA rEckdlw
 [kkusvkj] chMh fl xjV i husl segg dk dñ j fdl ohHkRI rk l svkneh dks [kkrk gS ; g
 ns[kdj ns[kusokyka dk fny ngy tk; } os; FkkFkZfp= FkA , d cPpk vi usfi rk dh
 maxyh i dMsmUgans[krk jgkA ekal sml usi nNk %ek; D; k fl xjV i husl svkneh dk egg
 , d k gks tkrk gSek; us vi usi fr dh rjQ ns[kk] i fr i Ruh dh vkj[kka eannZ dh Nk; k
 i <rk jgkA cPpk oghavM+x; kA fi rk l scksyk fd igysvki dl e [kkdj dgafd dy
 l sfl xjV ughafi Áæk] rc ešogkal s tkÁækA cPpk vMk jgk] fi rk dh vkj[kaMcMck
 vk; hA ek; Hkh jksusyxA fi rk uscPpsdsfl j ij gkFk j [kdj dl e [kkbZfd og ml h
 {k.k l sfl xjV i huk NkM+jgk gSvkj cPpsdksNkrh l syxk dj pærk jgkA

vki dks i d llu jgus dh vknr] Lo; a gh cukuh gksxA dkbZ ml jk vki dks l q[k ughans l drkA
 vki dh egur] dkbZ ml jk ugha dj l drkA Lo; a l q[kh cuA

I E; d~vkjEHk

&vvpk; Z vk' kh" k n' kuk'pk; Z

thou ea viire I Qyrk vks iwz
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 xgjkZ l sn\$ kaksrks ik; &sf d mi jh ry ij
 vius ifr dBkj cudj okLro eavln: uh
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 gh g\$ bl dh ryuk esfd vki Lo; adksvi us
 fy; s mi \$ {kr gh cuk ya Lo; a gh Lo; a dh
 mi \$ {kk dj nsuk Lo; adsifr egkd dBkjrk g\$
 bl l s cMh dBkjrk 0; fDr vius l kfk D; k
 dj l dsk\

; FkkFkZ ea tc rd vius vkuRfjd
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vr% vkRefujh {k .k dk l E; d-vkjEHk]
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ge viuh xyr vknrka dks Bh d
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vkZ s onekrk ds vuq kj ge dja
 l E; d] mfpr vkjEHk & ^ l felnz jk; k l fe" k
 jHkrfg** & 1/2 vlnj g\$ i Hkkl ge 1/4 e- jHkrfg 1/2
 l E; d-vkjEHk dja 1/4 k; k 1/2 vkReSo; Z ds l kfk]
 1/4 e- b"kk 1/2 vPNh i Zkj] iwz bPNk 'kfDr ds
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fe= ds rhu y{k.k g\$ vfgr l s gvuk] fgr ea yxkuk vkj foi fuk ea l kfk u NkMk

b'oj dh mikl uk D; ka djā dja ; k u dja

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geaeuq; tle gekjs ekrk&fir k l s feyk gā ekrk&fir k pgrs gā fd gekjh l urkuagekjsvuopny gkavkš gekjh l ok dja ft l l s geal qk dh vuttkfir gkA ; g ckr viuh txg i wkr; k Bhd gā ijUrq D; k l urku dks dōy ekrk&fir k dh l ok gh djuh pfg; s; k b'oj dsifr Hkh ml dk dN drD; gš bl ij iR; d 0; fDr dks ijh xEHkhjrk o fl i f l sfopkj djuk pfg; A

; | fi l urku dk ikyu&isk.k ekrk&fir k djrs gš ijUrq ekrk&fir k rks dōy ek/; e gkrsgš mlgamudsvlnj xqr o yqr : lk l s l urku dk ikyu o isk.k djus dh "kDr o l keF; Z rks ijekRek gh inku djrk gā bl l s fl) gkrk gS fd ijekRek dk Hkh l Hkh euq; ka vkš i kf.k; kai j __.k gSft l dsfy, mlgab'oj dsifr l nō drK gksuk gā ; g drKrk fdl izdkj l s i nf"kr dh tk,] bl h dk uke Lrqr] i kFkZuk vkš mikl uk gā Lrqr dgrsgāfd gea b'oj dsxqkka dk o.ku djuk gā bl dsl kFk gh b'oj ds mikl uk dk Lej.k djuk Hkh dN&dN Lrqr&mikl uk ds vlr xr vkrk gā i kFkZuk ea ge b'oj l svi usfy, dN ekarsgā tš sb'oj gekjh cf) dks l lekxl ea pyus dh ijskk nā b'oj gekjs nqā k] nqā kka o nq; l uka dks nij djs vkš tks dY; k.kdkjh xqk&de&LoHkko o i nkFkZ gš og l c gedkai klr dj; A mikl uk eab'oj ds mikl uk dk Lej.k djuso Lrqr&i kFkZuk

djusdsfy, l qkkl u] i nekl u vkfn fdl h vkl u eacBdj bl si jk djuk gkrk gā ; g dke Hkyh izdkj l Eikfnr gks bl ds fy, ; e&fu; e&vkl u&i.k.kk; ke&iR; kgkj & èkkj.kk&/; ku vkš l ekf/k dk vi us thou ea /kkj.k o ikyu djuk vko"; d o ykHknk; d gkrk gā ; e& vāgl k] l R;] vLrs ¼pkjh u djuk ; k fNik dj dkbZ dke u djuk cāp; ZvFkkz~i wkl a e i wkd thou 0; rhr djuk vkš vijxg vFkkz~vko"; drk l s vf/kd /ku vkfn inkFkZ dk l xg u djus dks dgrs gā fu; e& "kkš ¼vklrfjd eu vkfn bflnz, ka dh o ckg; "kjhj dh LoPNrk] l urksk] ri ¼kekpkj ead'V l gu djus dk uke gš Lok/; k; vkš b'oj i kf.k/kku ¼b'oj dk /; ku o fpuru o ml dh 0; oLFk eai wZfo"okl ½dksdgrsgā bu ; e o fu; eka dsi kyu l smi kl uk vkfn dh Hkrie rš kj gkrh gā ; e&fu; eka dk ikyu djus okyk dkbZ0; l u ugha djrk vFkkz~e | i ku] /kēi ku] u"kk] l kfe'k Hkkst u] vf/kd rMed& HkMed okyk thou 0; rhr ugha djrkA bl ds vfrfjDr ; kxkl u o i.k.kk; ke ds }kj k "kjhj dksfujksx o LoLFk cukdj j [kuk gkrk gS tks fd mikl uk dsfy, vko"; d gā bl dsckn i R; kgkj o /kkj.kk dh i kpoh o NBhai k; nkua gā rFkk vlr ea /; ku o l ekf/k dk vlt; kl djuk gSft l eafdl h xq dh l gk; rk yh tk l drh gS; k Lok/; k; ds xbfkka l s bluga tkudj fdl h vuttkoh 0; fDr dk l kfu/; o

thou mudsfy; seW; oku ugha gš tks nū jka ds l qk eafgl nkj curs gā
cfYd mudsfy; s gš tks nū jka ds nqā k ea mudk l kFk nrs gā

ekxh"ku iklr djuk pkfg; A ; g Hkh /; kr0; gSfd gekjk vkpj.k "kq) o ifo= gksuk pkfg; A , d k djusl sge b'oj dsifr vius drD; ka dks ij k djrs gS vksj ml ds __.kkaI svka"kd : lk l sm__k gksrsgA

vkbz } mi kl uk dk Qy Hkh tku yrs gA mi kl uk djusl sb'oj dsifr fudVrk c<rh gA ml ds l Ei dZl sgekjsnqdk] nq[k o nq; l Zu nij gksrsgsvksj dY; k.kdkjd xqk] de] LoHkko o inkFkka dh ikflr gkrh gA vkRek "kq) o ifo= gks tkrh gA b'oj o vkRek dk Hkyh i zdkj Kku gkrk gA bruk gh ughavfi rrvkRek dk cy bruk c<rk gSfd i gkM+ds l eku nq[k i klr gksus ij Hkh euq; ?kckrk ughagA D; k ; g Nks/h ckr gA ugha ; g dkbZ l k/kkj.k ; k Nks/h ckr ughavfi rrv bruh cMh ckr gSfd bl l svf/kd cMh dkbZ ckr gksgh ugha l drhA ; g Kku o fo"okl geaegf'kzn; kulln l jLorh dsxvFkka dks i <us o mudk fopkj] fplru o euu djus l s gkska mi kl uk dh fof/k dsckj sea t gkard iz'u gS bl dh l okare fof/k egf'kzn; kulln us^l U/; k** uke dh , d Nks/h l h i qrd ea fy [kh gA bl dsnksmngj .k tkuus; kx; gA vk; Z t xr ds pks/h ds fo}ku ia ; q/kf'Bj eheda d egkegki k/; k; dk"kh ea "kkL=ka ds , d eeK fo}ku ia nqkj; .k frokj h th l s n"ku ka dk v/; ; u djrs FkA og egf'kzn; kulln dsifr nll jka ds feF; k ipkj ds dkj.k i nqzj j [krs FkA i a.Mr eheda d th xq th dks ?ka/ksmi kl uk o /; ku ea cBsqq nq[krs FkA , d ckj mudseu ea fopkj vk; k fd xq th dks Lokeh n; kulln fyf [kr l U/; k

dh i qrd fn [kkdj ml ij mudh jk; i nkh tk; A vr% l Fkfr ij fopkj dj ml gkaus i qrd dsckgj ds vkoj.k dks QkMej gVf fn; k ft l l segf'kzn; kulln dsml i qrd ds ys[kd gksus dk Kku xq th dks u gka ; g i qrd ia ; q/kf'Bj th us xq th dks bl fuonu ds l kFk i Lrq dh fd xq th esbl i qrd ds vud kj l U/; k o mi kl uk djrk gA ea s i r k ughafd bl i qrd ds vud kj l U/; k djuk Bh d gS; k ugha vki bl snq[k ya vksj ejk bl fo'k; ea ekxh"ku dja bl ?kVuk dsckn dbZfnu chr x; srks if.Mr ; q/kf'Bj th usvi usl gikBh xq th ds i e l s i nkh fd xq th dks ml gkaus tksi qrd nh Fkh] ml ij xq th us ml ga d n dgk ugha vksj mul si n us dh mudh fgEer ughagksj gh gA rc l gikBh i e uscrk; k fd xq th usvi uh i gkuh i) fr dks NkMej vkidh nh gpbZ i qrd ds vud kj l U/; k djuk vkjEHk dj j [kk gA bl dsckn , d fnu eheda d th us xq th l sml i qrd ij mudh jk; i nkh rks xq th usml dh iz'ka k djus dsckn i nkh fd bl i qrd ds ys[kd dks gA ; g crkus ij fd bl ds ys[kd egf'kzn; kulln l jLorh gS xq th us vk"p; Z l s dgk fd D; k Lokeh n; kulln brus cMh fo}ku Fks ; g ?kVuk eheda d th usvi uh vkRe d Fk ea fy [kh gA bl h izdkj Lokeh J) kulln th ds l kFk gq/kA muds fir k dVvj i ks kf.kd Fks vksj viuh i fr ds vud kj ?k.Vka fur; i utk ikB djrs FkA , d ckj J) kulln th ?kj l sykgs pys x; srks?kj eaj [kh l U/; k o l R; kFkzi zdk"kh dh mudsi e dh i qrd ka dks ml gkaus [kkyh l e;

viuh egur l s iklr l a fRr l s tks l q'k feyrk gS
os nll jka dh egur l s dekbZ l a fRr dk Hkksx djus l s dHkh ughA

ea vi us ; gka i v t k i k B I E i k f n r d j u s o k y s
 i f . M r d k " k h j k e I s m u d k i k B d j u s d k s
 d g k A L o k e h J) k u l n u s v i u h y s [k u h I s
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 I p u k v k h g e f u l l n k ; p r u k f L r d i u d s x t l F k
 I p u k u g h a p k r a

i M r d k " k h j k e t h F k s v k n E k h p r i j]
 m l u g k a u s I c l i g y s c g e ; K 1/4 U / ; k 1/2 d k i k B
 v F k I f g r v k j E h k f d ; k A T ; k & T ; k a f i r k t h
 I p u r s m u d h J) k c < f h t k r h] r c i M r
 d k " k h j k e u s I R ; k F k z i z d k " k d k i F k e
 I e t y k l I p u k ; k A f i r k t h u s d g k & " i M r
 t h g e r k s v f o | k e a g h i M s j g a g e k j k e k s k
 d s s g k s k k g e u s r k s f u j F k z d f d z k , a g h d h
 v c I s o f n d I U / ; k d j a * c l f Q j D ; k F k k]
 f i r k t h u s o n e l = r F k k m u d s v F k z d . B L F k
 1/4 e j . k 1/2 d j u k v k j E h k d j f n ; k A v c o f n d
 I d ; k v k j i p k ; r u i n t k I k F k g h I k F k g k u s
 y x h A * b u m n k g j . k k a l s L i ' V g s f d b z ' o j

dh mi kl uk dh fof/k dsfy, egf'kzn; kulln
 fyf[kr i qrd ^y U/; k** I okRe i qrd gA
 ; gka, d ckr ; g Hkh dg na fd ; fn ge
 fof/ki wzd mi kl uk ugha djaks rks gekjs eR; q
 ds ckn gkaus okys Hkkoh tleka ea gea Hkkjh
 gkfu; kamBkuh i Makh ftl dk I ek/kku fudy
 ik; sxk ; k ugha vFkok ge fxjrs gh jgax
 dguk dfBu gA , d ckr vkj Hkh dguk
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 ; k u djuk vki ds vi us gkFkkaeagA

शुभकामनाओं सहित

वेद मलिक

7 मन्दाकिनी इन्क्लेव, अलकनन्दा, नई दिल्ली-110019, दूरभाष : 26274553

I p u k

i oeku if=dk ds l foK i kBdks dks l mfor fd; k tkrk gsfd fl rEcj 2014 I si f=dk dk
 okf'kzd eV; 150 #i ; sgks x; k gA ftu xkgdka us if=dk 'ky'd tek ughafd; k gSog
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& i z k ' k d

[kqk 0; fDr dks l c ykx i l n d j r s gA nq[kh 0; fDr dks dkbz i l n ugha dj rka
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& ia mEen fl g fo"kkjn

Jh Bkdj fl g ush dk tle tu
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iklr djusdsckn ; sl uk eaHkrhZgksx; stgla
blugafyfi d dk dk; ZfeykA ; sfl ikgh ds: lk
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ukLjh NkMdj jy foHkx ea ukLjh djus
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l Ei l u fd; k FkA budsbl dk; ZusLFkkuh;
bZ kbZ l ekt us vl Qy vojksk i sk fd; k
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dksefl d Nk=ofRr inku dj jgsgA blugaus
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ndj vukFk cPpka dsfy, , d ikFkZuk gky
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ds vki j'sku dj; s ftl ds fy, bluga tE
vkQ bf.M; k o jk'Vh; jRu ij Ldkj l s

l Eekfur fd; k x; k gA budk thou ri o
i q 'kkFkZ; jgk gA vki usvud vk; Zl ektka
dh LFkki uk Hkh dh ftuea ngjknw fLFkr
/kel j vksj uRFkui j ds vk; Zl ekt vxz kh
gA er; qdsckn vki us vi usus=kadk nku Hkh
dj fn; k gA x<oky on ipkj l febr ds
vki l hFkku d v?; {k gA vki ds us Ro ea
i kS/h] mRrjd k"kh] l ri g/h] ukSkw [kky]
yBl Mks] nqMMk ea vk; Z egkl Eesyuka dk
l Qy vk; kstu gvk gA x<oky ds ck<+
i hfMfkarFkk dskj ?kkVh dh =kl nh l si hfMf
cl/kq/ka ds l gk; rkFkZ vki us yxHkx 1 yk[k
dk nku fn; k gA 105 o'kZ; o; ko) Jh
Bkdj fl ga ush dks vud l hFkkuvka o
jkturkvka }kjk l e; & l e; ij l Eekfur
fd; k tkrk jgk gA vki ds thou ij fuEu
i dDr; ka l R; pfjr kFkZ gkrh gA ^l fn; ka dh
bcknr l s cgrj gS og , d yEgkA tks
geus fcrk; k gS fdl h , d nq[kh dh
f[kner ea* Jh ush vk; Ro ds, d Arhd
gA vk; Zl ekt ds l Ei dZea vkus ds i 'pkr-
blugaus u dgy vi us dk; Z vksj pfj= ea
mUkj kSkj Axfr dh vfi rql ekt o ns'k fgr
ea Hkh vi us l hfer l k/kuka ds gksr s gq Hkh
l nD t: jr emkad h l gk; rk earRi j jgsgA
, d s gekjs vk; Z cl/kq us vi us deB vksj
fu; fer thoup; kZ ds cy ij 100 o'kZ l s
vf/kd i wkZ dj 105oa o'kZ ea i dsk dj fy; k
gS ge mudh nh?kkZ q dh dkeuk djrs gq
l Hkh l s mudh thou "kSyh o nku" khyrk
vi ukusdh AkFkZuk djrs gA

fdl h ds i fr eu ea jkx gS rks og vki dks cjk gksr s gq Hkh
cjk ugha fn [ksxkA bl fy, vi uh n'V dks fu"i {k cuk, A

ejk Hkkstu ds k gks

&Mko l qhij dekj vk; Z

vkqkj 'kq) ks l Uo' kq) %

l Uo' kq) ks /kpk Lefr%A

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eu dh 'kq) gkrh g\$ ekufi drk l sLefr /kpk 1/4LFkj) n<1/2gkrh g\$

, d ckj dh ckr g\$__f'kds k eaLoketh th 1/2egf'kz n; kuln l jLorh1/2 , d cäpkjh rFkk nks l k/kq/kal sfey\$ mlghads l kFk fVgjh ; k=k dsfy, x; A ; g LFkku fo}ku o; ko) jktif.Mrkadsfuokl dsfy, ifl) g\$, d fnu fdl hjktif.Mr usLoketh th dksvius ?kj Hkkstu dsfy, vkefu=r fd; kA fu; r le; ij Loketh th l Unskokgd ds l kFk cäpkjh dksydj vfrFks xgLFk ds?kj igpA

ijUrqi Fkexkl sef{kdk ikr%1/4vFkkz~ Hkkstu ds igys xkl ea gh eD[kh dk iM+ tkuk1/2bl dgkor dsvuq kj xg}kj ij gh tkschHkRI n'; Loketh usn\$[kk]ml sn\$kdj gh okfi l yk\$usdk eu cuk fy; kA D; kaid dkbz if.Mr rkseka dsVpM\$dj dsvfXu ea idk jgk Fkkj dkbzeka gMMh ds l eng] vfxu ea idk, 1/4kous1/2 gq i'kq ds fl jka ij Nijdk l s rku=d f0; k l k dj jgk Fkka ; g ns[kdj ; frioj vk'p; pfd rFkk ?k.k l s; kdj gq A

Loketh th dks ns[kdj xgifr us mBdj vfhkoknu fd; k rFkk 'kkfUri mZd i ds k djus dks dgkA ijUrqLoketh th ml ds

vfhkoknu dks vLohdkj djrsgq ; g dgrs gq yk\$ vk; sfd vki vi uk dk; Zdjkt gekjs fy, d"V er djka

FkkMh nj i'pkr xgifr usLoketh th dsfuokl LFkku ij vkdj [kn izdV djrsgq l fou; Hkkstu djusdh i kFkZuk dh rFkk dgk eusvki dsfy, gh ; g mlUekskike eka Hkkstu cuk; k Fkka Loketh th usLi"V 'kCnka ea dgk fd vki dk ; g vfrfFk&dk; Z 0; FkZ g\$ re ykx eka Hkksth gks tcf d ge eka dks ns[kdj gh vLoLFk gks tkrsg\$ eka Hk{k.k ; k eka Li'kz rksnj dh ckr g\$ ge rks dpy l kfuod vlu] Qy] dUnemy [kkusokysgA

Loketh th dh Li"VksDr l s jktif.Mr cgr yfTtr gqk rFkk ?kj tkdj fufnzV l kfuod vlu] Qy] dUnemy/kfn inkFkZ Loketh th dh l ok ea fhk tok; A

f'k{k%1- vkReor-l oBkur\$skq; %i'; fr l % if.Mr%A fo}ku-n; kyq 0; fDr vius leku gh ikf.kek= dks ns[krk g\$ ftl izdkj gea viuk thou fiz gSo\$ sgh l Hkh dksviuk thou fiz gkrk g\$

2- eka Hk{k.k ekuo /keZ ugha gks l drkA

vR; ko' ; d l ipuk

l qoK i kBdka dks fofnr gksfd i oeku if=dk i R; d ekl dh 20 rkjh[k dksMkd }kj k i \$'kr dh tkrh g\$; fn if=dk vki dksml ekg dsvfure fnu rd i klr u gksrksml dh l ipuk fuEu nj Hkk'k uEcjka ij vFkok i = }kj k Hkst na if=dk i q%vki dh l ok l shkst nh tk; schA ; fn vki vi uh if=dk dksj ; j l sekakuk pkrsg\$ rksfyf[kr : i ea l ipr djafd dksj ; j ij gkus okyk 0; ; vki ogu djakA /ku; okn

Jh ctsk xx] eks %09410315022 Jh iæ izdk'k 'kek] eks %09412051586 dk; ky; Qksu %0135&2787001

Lon'kh I jy fpfdRI k I q'kh thou

&MKW , y-l h- xdrk

or'eku ; q' dksokkfud ; q' Hkh dgk
 tkrk g&tgafoKku useutj; dks u; &u; s
 vk; ke fn; sg&ftl ds }kjk ml us izdfr ij
 fot; iklr djus dk iz kl fd; k gS ogha
 izdfr ds l kFk N&M&M+ds nij xkeh ifj .kke
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 gA l w ZrFk i Foh dsrki ea Hkh of) gPZgS
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 ml ds nti ifj .kke ge Hkksx jgs gA jSM; ks
 /kfezk jkl k; fud [kkn rFk jkl k; fud
 nokb; ka ds mi ; ks l s gea u; &u; s vl ke;
 jksx mi gkj Lo: i feysgA

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ol dks d'icde-dh Hkkouk l sgekjs i wZtk
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1- mPp jDrpki % Hkksrdrk dh nkM+ea
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v- xsg&vksj n'kh puk cjkj yd j mudk
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 jksx Bhd gkstk, xkA

c- cMh byk; ph 1/4tksel kysea Mkyh tkrh
 g& l ks xke yd j ml dks d<kbz ea Mky
 dj tyk yA B&h gkus ij HkLe dks
 l Hkky dj j [k yA 3&3 xke l qg 'kke
 r kts ty ; k 'kgn ds l kFk yA rhu
 fnu ea jksx LoLFk gkstk gA

l - cky NM+ 1/4tVkekl h1/2 dk pwrZ dj ds
 nk&nks xke l qg 'kke [kkus l sjDrpki]
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; fn vki thou ea l q'kh gksuk pgrs g&rks vPNs yksx <u-
 ; k ykska ea vPNkbz <u- vU; Fk vki l q'k l s ugha th ik, xA

- n- jkr dks, d rksdsrZu ea i kuh Hkj dj j [k nA l qg mBdj l w kZ; l si wZ; g i kuh ih ya bl izkj dN fnu djrs jgusl sjks fueiy gks tkrk gA
- /k- xsgndsTokjs/mxsgq xsgndh ckfy; kZ dk j l i frfnu ih, arFkk FkkMk nj ckn, d l o fcuk fNyds mrkjs [kkus l s dN fnukaevkjke vk tkrk gA
- 2- mPp, oafuEu jDrpki %25 fdl fel ydj 50 xte i kuh ea jkr dks fHkxkdj j [k nA l w kZ; l s i wZ, d&, d fdl fel 32 ckj pckdj [kkus l s mPp rFkk fuEu nksuka jDrpki ea deh vk tkrk gA
- 3- cokl hj %
- v- Loew l scokl hj ds vadgka dks/kksus l s dN gh fnuka ea jDr vkuk cIn gkdj eLl sl v[kusyxrsgA
- c- LQfVd dk ckjhd pwkZ djds vknLr ea l jUkh Mky ya rFkk nLr gks ds dskn bl i kuh l s xpk ekxZ dks/kks nA, d k dN fnu djrs jgus l s eLl sl v[kdj fxj tk; xA
- 4- d.kz i hMk %
- v- fl j l ds iUkka dks dW/dj ml dk j l fudky y fQj ml s FkkMk xez djds dku ea Mkyus l s d.kz i hMk ea rRdky vkjke gsrk gA
- c- ; fn dku eadkbZ dhMk ?kd x; k gks vkSj vlnj tkdj ; fn ej x; k gks rksvke ds iUkka dk j l xpxpk dj ds dku ea Mkyus l s ejk gpk dhMk rjUr ckj fudy

- vrkr gsvkSj dku dk nnZkh can gks tkrk gA ; g ekewy iz ksx vR; Ur dkj xj gA
- l- ; fn dku l s de l qkbZ ns jgk gks rks l; kt dk j l FkkMk xez djds dN fnuka rd dku ea Mkyrs jgus l s de l qkbZ ns sdh chekj h nij gks tkrk gA
- n- xky vkSj thjk l eku Hkx ydj ih l ya vkSj vkx ij Mkydj ml dk /kpk dku ea gpk, A nnZrjUr cIn gks ckA
- 5- i kxy i u] mLeKn] fexhZ %
- v- l Qn l; kt dk j l vka kkaeayxkrs jgus l s mLeKn vkSj fexhZ nksuka u"V gks tkrk gA
- 6- i s/ nnZ % cMk byk; ph fl y ij ckjhd ih l dj ml ea l dkk ued feyk ya bl pwkZ dks [kkus l s i s/ nnZ nij gsrk gA
- 7- i gkuh dCt % nks l rjka dk j l [kkyh i s/ ikr % dky vkB nl fnu rd ih us l i gkus l s i gkuk fcxMk gpk dCt nij gks tkrk gA
- 8- i s/ ds dhMk % vtok; u dk pwkZ vk/kk ek'kk] nks ek'kk xM+ ea feyk dj xksyh cukdj i frfnu rhu ckj [kkus l s i s/ ds l Hkh izkj ds dhMk ckj fudy tkrsgA
- 9- i hfy; k %
- v- fxyks pwkZ 6 ek'kSj 6 ek'ks 'kgn ea feyk dj pKvul si hfy; k nij gsrk gA
- c- dW/dh dks ih l dj ml ea feJh feyk; s rFkk gFkyh ij j [kdj Qkad ys Aij l s xpxpk i kuh ih ya bl iz ksx l s dkeyk rFkk i hfy; k nij gks tkrk gA

^vf/kdre iz lu* ykxka dks ^l c dN* ugha feyrkA cfYd ^tks dN* mudks
 thou ea feyrk gS os ml h dks mUke cuk dj ^l cl svf/kd l [kh* gks tkrsgA

JŠB dk; Z dy ij er NkMks

LoE /kežfu ifjoktd

dkyksv' oks cfgrAA vFkoE 19A53A1AA
vFkZ % l e; : ih ?kk&lk Hkkxk tk jgk g&
/kežkt ; f/kf" Bj dsikl dkožckā.k
; kpuk djus vk; kA egkikt ; f/kf" Bj ml
l e; fdl h dk; ZeavR; Ur 0; Lr FkA mlugkaus
uerk i d d ckā.k l sdgk & ^Hkxou! vki
dy i /kkjž vki dks vHkh"V oLrq inku dh
tk, xhA** ckā.k rkspyk x; kj fdUrqHkhel su
mBs vksj yxsjkt }kj ij jD [kh gpbZ nqHk
ctkuž mlugkaus l o dka dks Hkh eaxy ok |
ctkus dsfy, vkKk nsnhA vl e; eaeaxy
ok | ctkus dk 'kCn l udj /kežkt usi iNk
& ^vkt bl l e; eaxy&ok | D; ka ctk jgs
g& Hkhel su th cyk; s x; ž mul s bl dk
dkj .k i iNkA oscksys& ^egkikt usdky dks
thr fy; kA bl l scMk eaxy dk l e; vksj
dc gksckA

^ešusdky dks thr fy; kA** ; f/kf" Bj
pfdR gks x; A Hkhel su usckr Li "V dh&
^egkikt! fo'o ekurk gSfd /kežkt ; f/kf" Bj
dsef k l sga h eaHkh > Bh ckr ughafudyrhA

vki us; kpd ckā.k dks vHkh"V nku dy nus
dksdkg gSbl fy; sde l sde dy rd rks
vo' ; gh dky ij vki dk vf/kdkj gks x; k
gksckA** vc /kežkt dks vi uh Hkwy dk cksk
g&kj oscksys& ^Hks k Hkhel su! vkt reuseq s
mfpr l ko/kku fd; kj iq; dk; Z rRdky
djuk pkfg; ž ml si hNs dsfy, Vkyuk cMk
Hkwy g& mu ckā.k nork dks vHkh cyk vksj
ftl l sml svHkh"V nku vHkh nsl dnu tkus
dy D; k gksckA**

l kj& thou cMk gh vYi gS vksj dk; Z
vR; f/kd g& vr%vkt dsdk; Z dksdy
ij er NkMks fdl h uscgr gh l tñj
dkg g&

D; k Hkjkd k gSftUnxkuh dkj
vkneh cykcyk gSi kuh dka
D; k [kcj fd l oDr]
fpVBh vki dh vk tk; shAA

vr%dy djs l ksvkt dj vkt djs
l ksvc i y eaiy; gks xh] cgjh djksxdcA

fe=

^Fŷfenk Luğuš /kkrql s'Dr* i R; ; djdsfe= "kCn fl) gkrk g& fu#Dr dsvuq kj
^es| fr flUáfr flUársok l fe=% vFkkz- tks l c l sLug djsvksj l cdh Áhr ds; k& ; gksj
bl l sml iješoj dk uke fe= g& vef'kzn; kuln l jLorh½ bl Ádkj iješoj rks l cdk
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l Hkh dksvi usvUr%dj .k ea [kkst uk pkfg, A ; fn ge iješoj dksfe= ekursg& rksml dsie- k
vU; Ákf. k; kach gr; k dj mlgai hMk D; kai gpkrg& vksj vU; euq; ka tks iješoj dsie- o fe=
g& l s?k. kk D; ka dj rsg& ; fn ge ml ije fir k iješoj dks l Ppsán; l sfe= cukuk pkgrsg&
rksgeaml dsfe=ka l shkh fe=rk o Áe djuk gksck vksj mlgad'V o gkfu ughansuh gksckA

thou ifjorž'khy gš bl fy, ij kuh ckrka dks Hkwy tk, ž
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&ia f'ko'kekZ mi n'skd

Roekfnns% i q "k% i j k. kLRoeL; fo'ol;

i ja fu/kkueA

o s k k. fe os | Pp ij Pp /kkej

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[kkyh dk eksy ugha

, d jk tk usfo | kuka dh ij h {kk dj us ds fy; s l kus dh nks efirZ ka bl izdkj dh cuokba fd] ftuds vkdkj] : i vksj Mksy brusfeysgg Eksfd fdl h izdkj l shkh mu nksuka eadkbZ vlrj Kkr ughagkrk Fkka cgr l sl e>nkj ykx jk tk dsnjckj eavk, vksj vu h kh. kZ %Qsy% gkdj vi uk&l k eg ydj pysx; A vlr ea, d ; kschth ogkavk; svksj muds l eus Hkh ogha ij h {kk mi fLFkr gpA ; kschth ml l e; efirZ ka ds vlrj dsckj sea dN Hkh ughacr l dA FkkMh nj ckn og dN l kp dj jk tk l sckys {egkjkt} ep sbu nksuka efirZ kadksvi uh d h ij ystkusn h l EHko gS fd , dklr eadN vlrj l e> eavk tk; A** jk tk us; g Lohdkj dj fy; kA

; ksch th nksuka efirZ kadksvi uh d h ij ysvk; A jkf= nhi d dsl keusmlgkaus i q efirZ ka ds vlrj dks tkuus ds fy, m | kx djuk vkjEHk fd; kA vdLekr-mudsfpuk ea ; g ckr vkbZ fd buea dkbZ A ij h Hkn rks ekye ugha gks jgk gS dnkfr~ buea dkbZ vklrfjd %vUn: uh% Hkn gka bruk l kp dj mlgkaus, d frudk , d efirZ ds dku es Nsn ea Mky fn; kA , d k djus ij og frudk i kj gkdj nlr jsd ku ds Nsn ea l sfudy x; kA

vc ; ksch usbl h izdkj nlr jh efirZ ds dku ea frudk Mkyk rks ml ds nlr jsd ku ea l sog frudk ugha fudykj fdUr q ml ds fl j rd pyk x; kA ; g ns [k dj ; kschth vR; Ur i d lu gg A

i kr %dky gkr s gh os ; kschth nksuka efirZ ka dks ydj jk tnjckj ea i gpA l Hkk , df=r gks xbA ; ksch th us vlrj crkuk vkjEHk fd; kA , d efirZ dh dher N% dksMh vksj nlr jh dh N% dj kM+crkbA ; kschth dh ckr l q l kjh l Hkk pdr gks xbZ ^gA ; g D; k l kus l eku Hkko dk] rky l eku] dkjhxj , dj cukoV l eku] fQj vlrj ds k\ vksj fQj bruk!*

; ksch th ykxkad h 'kadk dksnj djus ds fufek cksys ^; g efirZ ftl ds dku ea Mkyk gvk frudk vkj i kj gkdj nlr jsd ku es i gp tkrk gS ml eut; ds l eku gS tks l nq nsk l q dj vu d qk dj nrk g& bl dku l s minsk l qk vksj nlr jsd ku l s fudky nrk gS bl fy, ; g N% dksMh dh gA nlr jh efirZ N% dj kM+dh bl fy, gSfd ; g ml eut; dsl eku gS tks minsk dks l q dj l kp&fopkj djrk gS vksj ml ij vey djrk gA** l kjh l Hkk ; ksch th dh ; g ckr l q dj nae jg xbZ vksj l cus; ksch th dh cMh i z ka k dhA

Qy& eut; ds 'kjhj dk dUkkZ , d gh gS muea xqkka dk vlrj gA tks on] 'kkL= i <+ vksj l qdj mu ij pyrk gS ogh l q k i krk gS vl; ughA

; fn Lo; a dks vksj nlr jsd ku upl ku u gkrk gk rks ogh dj h tks vki dks vPNk yxrk gA vi uh bPNk vksj cf) l s dk; Z djuk gh Lorark gA

I ksuu ughā jksVh

, d I B dsikl cgr /ku FkkA fQj
Hkh og ; gh I kpk djrk Fkk fdl h izkj ejs
ikl bruk /ku gks tk; sfd dkbZ Hkh i#k
I d kj eaegsI keu /kuh u gkA , d fnu , d
I k/kqml dsikl vk x; A I Bth usI k/kq dks
Hkktu djkdj iL uu dj fn; kA iL uu gq
I k/kqusI B I sdgk& ^ I B th] dgks rēgkj
bPNk D; k gS* I B gkFk tkMēlj cksyk&
^egjkt! ejh bPNk ; g gSfd eāftI oLrē
dks Nwnwogh I p.kZdh gks tk; A** I k/kq cksys
& ^, oelrā*

vc rksI B dh [kq kh dk ijkokj ugha
jgkA ikr%dky gkrsgh I Bth viusckx ea
x; svkš Qy/kadks NwsyxA okg! D; k dguk
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I ksuuds Qy yVd jgsgā! vkgk! vke Hkh rks
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fy; s?kj vk jgsgā cPpsnēk dj exu gksjgs
gā [kq kh& [kq kh eanki gj gksx; hA Hkktu dh
Fkky I keusvk; kA T; kagh I Bth usi yjh NlpZ
R; kagh og I ksu dh cu xBA yMMw Nursgh
I ksu dk gksx; k] gyok Nursgh I ksu dk cu
x; kA mlgkaus Hkktu dks Nq/k] og Hkh I ksu dk

gksx; kA vc osHk[Fk I sejusyxA bruseagh
nks cPpspkpk&pkpk dgrsvk x; svkš yxs
xysfyi VuA I B th rksHk[Fk si MāFkš oscPpka
dks gkFk I sgVkusyxA yfdu T; kagh cPpka
dks Nq/k osHkh I ksu ds gksx; svkš efrZ ds
I eku cBs dscBsgh jg x; A vc rks?kj ea
jksk iM+x; kA I B vkš ml dh L=h I c jks
jgsFkA I Bth dsikl vkusI sl c Mj jgsFkš
, d k u gksfd ; g eqs NwnarkseāI ksu dk gks
tkAā brus ea I k/kq Hkh vdLekr~m/kj I s
fudyA jks&ihVusdh vkokt I p dj n; k
o'k cksy& ^dgks I Bth] vc D; k nēk gS
fdl dkj.k I kjk dVēc jksjgk gS* I Bth
mudsiš kaij fxj dj cksy& ^egjkt! di k
djdsvki viuk ojnku oki I ys yā nēk kš
ojnku dsdkj .k gh ejs cPpsI ksu ds gksx; A
fnu Hkj I sHk[Fk gā Nursgh Hkktu I ksu dk gks
x; kA** I k/kq dks mudh n'kk nēk dj n; k
vkbA I kFk&I kFk ml dh /ku ds i fr vR; Ur
ykyi rk ij Hkh 'kked gq/kA I k/kq us fQj
, oelrā dg fn; kA I Bth iL uu gks x; A
mlgkaus ykyp djuk NkM+ fn; kA mlgkaus
'kkUr Hkko I sHkktu fd; kA
Qy& ykyp djusI sgkfu gh gksh gā
n"Vkur I ep; I sl kHkij

I puk **vk[kka dk fu%kēd vkWš ku** I puk
oānd I k/ku vkJe rikou ukyki kuh ngjknw dsv/; {k Jh n'kū dēkj vfxugks=h
th }kjk okāNr 0; fDr; kadsdS/jDV dsvki js ku fuezy vkbZbULVhV; w __f'kds k eadjk; stk
jgsgā tks0; fDr us= jks I sihfMf gāvkš ftudk ds/jDV dk vkij sku /kukHko dsdkj.k
ughagks ik jgk gSog vkJe dsnjHk" k ua 0135&2787001 ij okrkZ djds viuk jftLVš ku
djok yarkfd mi; p rfnol ij vki dk ds/jDV dk vkij sku fu%kēd dj; k tk I dā
vf/kd tkudkj dsfy, vkJe dsl fpo I seks 09412051586 ij I Ei dZdj I drsgā

iL uu 0; fDr og ugha gš tks dN fuf'pr i fjLFkr; ka ea jgrk gā
cfYd og gš tks fuf'pr n"Vdks k j [krk gš ifjLFkr tks Hkh gkA

vfxu dh efgek

vfxu 'kCn l bdr dk gS& vx\$fuA
 ^vx~ ds vFKZ gS ^vkx\$ vksj 'fu* ds vFKZ gS ys
 tkusokyh@tk\$ vkxs 1/4mlufr dh rjQ1/2 ys
 tkusokyh gS ml dk uke vfxu gA bl ckr
 dks ; kn j [kuk fd vfxu viusmikl d dks
 vi usgh xqkkadk dj nrh gA ; g ep l sfQj
 dHkh i Nuk i gysvfxu dsl Ecl/k eal q ykA
 vfxun0 dh foHkr n\$ kks&

1/4 1/2 vfxu ?kj&?kj ea ty jgh gA l k/kkj.k
 jhfr l s dkbZ tyk n0\$ ifo= gks ; k
 vifo=A

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 l k; avius?kj eacMh J) k vksj l ko/kkuh
 l s txkdj inhlr djds fn0; ykHk ik
 jgsgA

1/3 1/2 bl ds vfrfjDr bl inhlr vksj LFky
 vfxu l s tks vl; vufxur l ka kfjd
 dk; Zvksj midkj gksjgsg mlgaHkh ge
 l c tkursgA

1/4 1/2 ; g vfxu viusl [e] vnhlr u nh[kus
 okys: i eagj taxy] gj o{k] gj l fe/kk
 vksj gj inkFKZ eapks dh rjg fNih cBh
 gA

1/5 1/2 gj ydMh eagh ughacfYd i kuh] fdj.k
 vksj gj iz ks ds ; kX; pht ea vfxu
 fNih g0ZgA l kbUl nku 1/0Kkfud ykx1/2
 i R; d oLrqa0; ki d Hkk0rd vfxu dk
 vl d; idkj l smi ; ks ysjgsgA

1/6 1/2 ij oKkfud ykx Hkh ftl l verk ea ugha
 ?kd ikrs ml ea ?kd dj n\$ k] rks gea
 fn[krk gSfd ; g vfxu i R; d thfor
 i.k.kh ea Hkh ml dk thou vksj vkRek

egkRek i Hkq vkfJr th egkjkt
 gkdj fojkteku gA i R; d 0; fDr ds
 0; fDrRo dks cukrk g0k ; g vfxu
 tu&tu ea cBk g0k gS bl h dkj.k
 i R; d tu vius 0; fDrRo ea c0kk g0k
 gA

1/7 1/2 vkRe&vfxu] tu fgrdkjh vfxu ds
 vfrfjDr vksj Hkh : i /kkj.k djrh gA
 ; g vfxu tgj e] ver e] jktk e] iztk
 e] , d 0; fDr e] , d tu&l e0g ea Hkh
 fuokl djrh gA ; gh fo'o&vfxu]
 l ekt&vfxu vksj jk"Vvfxu ds : i ea
 izdV gkrh gS ftl ea cM&cM; tu&
 l e0g Hkh l e; vkus ij vkRe&gou
 fd; k djrs gA bl h rjg bl vfxu
 n0rk dh foHkr vullr idkj l sn'kZuh;
 gA bl dk ikj ok.kh ugha i l drhA

vFkobn e] ; t0h e] vksj __Xon ea
 Hkh igys, d izu ds: i eaell= vkrk gS
 fQj ml dsm0kj eaell= g&
 izu& ^iPNkfe Rok fo'oL; Hk0uL; ukfHk%
 vFKkr ^ea r0 l s i Nrk g0 fd bl l Ei wZ
 c0k.M dksck0kusokyh oLrqdku gS*
 m0kj & ^v; a ; Kks fo'oL; Hk0uL; ukfHk%
 vFKkr~^; g ; K l Ei wZ c0k.M dh ukfHk gS
 ck0kusokyk gA* bl ; K dks vYi thoka dks
 l e>kus ds fy, vfxugks= }kjk fl) fd; k
 x; k gA vfxu] tks l oZ l d kj ea0; ki d : i
 l s gS vksj bl ds fcuk dkbZ dk; Z ugha gks
 l drk] vksj vfxu l c n0rkvkaea i Eke Hkh gS
 vksj mudh e/; ukfHk Hkh gS tS s vkdk'k]
 ok; q 1/4vfxu1/4 ty] i fFkohA vfxu ds fcuk
 i fFkoh Hkh fujFKZd] ty Hkh fujFKZd! , d sgh

; fn gjjusokyk viuh e]dku u [kks] rks og dHkh fujk'k ugha gksck]
 vksj dkbZ xyr dne ugha mBk, xkA

vkdk'k vksj ok; q Hkh vfxu l s calks gq gA
bl fy, J) k l sl e>usdh dks' k'k djka

i zdk'k & J) k rks eaj [krk gh exj
D; k d: ajgk ugha tkrkA vHkh l oky i s k gks
x; kA vki izka k djrs gA vksj epl s' kaek
[kMh gks tkrh gS fd vfxu dk J) kyq
mikl d vxj vfxu eagkFk Mkyj tksviuk
l c dN vfxu ij U; kNkoj dj nusokyk gS
rksD; k vfxu ml su tyk, xh

egkRek& t: j tyk; schA ; gh rks
[kch gS ; gh vfxu dk minsk gA vfxu dk
vFKZU; k; dkjh Hkh gA vfxu iFk&in'kd Hkh
gSvksj U; k; dkjh HkhA
vfxu ds^vx^'kcn dk vFKz vxokj 'fu* dk
vFKz ys tkuokyk] iFk&in'ku djus okyk]

ur'k] yhmj] tks exh'kdka ea Hkh vxpk gkA
tS sodhykaeaeftLVV ; k tt vxpk gStks
dHkh Hkh U; k; dks ugha NkMf'k] , s gh vfxu
Hkh minsk djrh gS yfdu viusmi kl d dh
Hkh fj; k; r ugha djrhA vfxuLo: i i Hkq Hkh
fdl h dh fj; k; r ugha djrj pksfdruk Hkh
mudk l; kjk D; ka u gkA cfYd vfxu vius
mikl d dks i Hkq ds fut xqk U; k; dk
vf/kdkjh cukrh gA

vfxugs=h n; k vksj U; k; dsxqkka dks
/kkj .k djrk gA vfxu dh fo'kkrk n; k vksj
U; k; nksuka gS vksj ; snksuka i Hkq ds fut xqk
dgsx; sgA tS svksE-i Hkq ds uke gS , s s;
nksuka xqk Hkh fut gA ckdh uke Hkh
xqk | krd vksj xqk Hkh fo'kks : i gA

vi hy

vki dks fofnr gSfd ofnd l k/ku vkJe rikou ukyki kuh ngjknw o"lz
1949&50 l s; kx l k/kuk dsek/; e l segf"kn; kulln l jLorh th dsl ans k dksns k
dsdku&dkuseai gpkusdsfy; si z; Ru'khy gA bl iz kstu grqo"lzeadbzckj ; kx
f'kfojka dk vk; kstu fd; k tkrk gA ftl dh l puk ge viuh ekfl d if=dk
'ioeku* ds }kjk vkJe dsifr J) koku l nL; ka rd i gpkrs gA rikou vkJe
'rikou vkjkk; /kke* fpdfRI ky; Hkou rFkk ; kx f'kfojka ds vk; kstu grqegkRek
i Hkq/kfJr l RI x Hkou dk fuekzk i kjEHk dj fn; k x; k gA nksuka Hkouka dk doMZ
, fj; k yxHkx 13000 oxIQV gA vHkh rd nksuka Hkouka dh NraMkyh tk ppth gA
rFkk bu Hkouka ds fuekzk i j yXkx 86 yk[k #i ; k 0; ; gkspplk gA vc Hkouka dk
lyLVj] Q'kz f[kMeth njokt} jaxkb] i rkbz , oaQuh' kax dk dk; Z'kks gA vo'kks
dk; ka dsfy; syxHkx 70 yk[k #i ; sdh rRdky vko'; drk gA vki ds l kRod
nku l sge Hkouksdk fuekzk 'kh?kz i wkZgks l drk gA nkujkf'k vksj ; UVy cd vkQ
dkel j jkt i j jkM+ngjknw 1/4FSC code : ORBCO100002 1/2 ds [kkrk ofnd l k/ku
vkJe* [kkrk l a 00022010029560 ea tek dj l drs gA vkJe dksfn; k x; k nku
budeVdI dh /kkj 80 th ds vUrxr dj epr gA nkujkf'k cd [kkrs ea tek
djus ds mi jkur vkJe dk; ky; dsnj Hkk"ka ua 0135&2787001 i j l fpr djusi j
nku dh j l hn vki dsi rsi j Hkst nh tk; schA

xx; dk nwk ver gS

xx; dk nwk i Foh dk l okkhe vkgkj
 gA bl s er; gksd dk ver dgk x; k gA
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 xknk/k tS k nwk dk bz JSB inkFkZ bl
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 i pker cukus ea bl dk vuq kr l okZ/kd
 jgrk gA xx; dk nwk ihyk rFkk Lo.kz tS s
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 'kny] xtye] jDrfi Uk vksj
 ; kfu jksx vkfn ea mUke
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 xx; ds nwk ds l ou l s
 vud izkj ds jksx ; ngh
 nij gks tks gA , oa
 o) koLFkk dk fo'kSk i Hkko
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l ou l s 'kjhj earRdky 'kDr&LQj .k gksus
 yxrk gA , yksh kh nokvk jkl k; fud [kknka
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 vkgkj ds }kjk 'kjhj ea tksfo" k , df=r gkrk
 gS ml su"V djus dh 'kDr ek= xknk/k ea
 gA xx; ds nwk l scuh feBkb; ka dh vi s{k
 vl; i 'kq/ka ds nwk l scuh feBkb; ka tYnh
 fcxM+ tkrh gA xx; dks 'krkojh f[kyk dj
 ml xx; ds nwk ij jksch dksj [kusl s{k; jksx
 feVrk gA fo'kSk: i l s xknk/k ea rstLrRo
 vf/kd , oai Roh rRo de gksus ds

dkj .k 0; fDr i frHkk l EiUu gkrk gS vksj
 ml dh xg.k 'kDr c<rh gA vkst dh of)
 gkrh gA cf) fuey curh gS , oa fopkj
 l kRod curs gA bl nwk ea fo|eku-
 l jhckd kml rRo efLr" d , oa cf) ds
 fodkl ea l gk; d gA dny xx; ds nwk ea
 gh strontion rRo gS tks v.kfodj .kka dk
 i frjkskd gA : l h oSkfud xx; ds nwk dks
 , Ve ce ds v.kpl .kka ds fo" k dk 'keu djus
 okyk ekurs gA bl ds nwk eajkl k; fud rRo

ugh a ds cjkcj gksus ds
 dkj .k bl dks vf/kd
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 Hkh dk bz l kbM bQDV
 ; k upl ku ugha gkrkA
 dkj usy jkskYM xksj k; Vs
 dk dguk gSfd xx; ds
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ds j ; Dr gksus l scprh gA xx; ds nwk l s
 dksy l vksy ugha c<rk cfYd gn; , oa jDr
 /kefu; kads l adkpu dk fuokj .k gkrk gA bl
 nwk eanwk dh vi s{k vk/kk i kuh MkYdj] tc
 i kuh ty tk; src rd mkydj i hus l sog
 dPpsnwk dh vi s{k i pusevf/kd gYdk gkrk gA
 xx; dk nwk vr; r Lokfn"V] fLuX/k] eyk; e]
 fpduk bz Dr] e/kj] 'khyr] : fpdj] cf) o) d]
 cyo/kd] Lefro/kd] thounk; d] j Dro/kd] gA
 bl fy, bl si Foh ij ver dgk x; k gA

1/2 xS kkyk l UnS k l s l kHk j 1/2

[kd kul hc og Hkh gS ftl dk ul hc [kd kh nsus okyk gks vksj
 [kd kul hc og Hkh gS tks vi us ul hc ij [kd k gks i # "kkFkZ l s [kd kul hc cuA

efirZ vt k dh rkdZ l eh{kk

&Mko Hkokuhyky Hkkjrh;

efirZ vt k dk fo/kku ošnd vFkok ml ds i 'pkrørhZ vk"lz l kfgR; ea dgha Hkh miyC/k ugha gkrkA ; fn ; g dgk tk; s rks vR; qDr ughagksch fd ij kru ošnd mi kl uk i) fr ea efirZ vt k dk dkbZ i ko/kku ugha Fkka ošnd l fgrk; j muds ckn fufeZ ckā .k xfkj vk/; kRe fo/kk ds ifriknd mifu"kn- l kē; kfn "kMn'kz ; gkard fd jkek; .k , oa egkHkkjr tš sbfgrkl xfkka ds eny vā kka ea Hkh efirZ i vt k ds fy,

dgha dkbZ Lohdfr ; k fo/kku fn [kkbz ugha i Mfka bl ds Li"V dkj .k Hkh Fkka ošnd bZojokn ea ijekRek dh l ūkk dks fujkdj] fufobkj] fuyā rFkk 'kjhj kfn Hkksrd mi knkuka l s l oFkk i Fkd-

l fPpnkulnfn y{k .kka l s ; qDr fpLe; rRo ds : i ea gh eku; rk feyh Fkha bl fy, ml dh dkbZ ifrek ; k ifrdfr] efirZ ; k irhd dh dYiuk furkūr v'kD; rFkk dYiukrhr l e>h xbzFkha

efirZ vt k dh mRi fūk

ošnd /keZ ea tc ; kFkd fgd kj deBk .M ckgf; tkfrxr Åp&uhp ds Hkko rFkk o .kfo/kku dks deZūq kj ekuusdh vi {kk tLe ds vk/kkj ij ekuus tš h fodfr; ka dk

i knHkkb gqk gqk rksml dh i frfØ; k : i ea tLea vkgR ¼ tš ½ vksj cks) er ea bZoj ds LFkk ij dšY; voLFkk dks ikr rhFkZdjka rFkk 'kkD; eju xksē cō dh i vt k i pfyr gōA bu rhFkZdjka rFkk xksē cō ds ifjuokZk ds i 'pkr muds vuq kf; ; ka us mudh /kkrqi Lrj kfn l sfufeZ efirZ kacukbz rFkk fof/ki wZd mudhi vt k vpZuk d jusyxā ; ghal sHkkjr ea efirZ vt k dh uho i MhA vkt

l s nks v<kbz g tkj o"lz i gyscuk; sfd l h fgluq efūj ; k efirZ dk u ik; k tkuk gh bl ckr dk i ek .k gS fd efirZ vt k tš cks) kfn vošnd erka ds ckn gh i pfyr gōZ Fkha ošnd ckā .kka us blgha ukfLrd erka ds

vupj .k ij n'kkorkj ; k pkscl vorkj kadh dYiuk dh vksj "kkM'-kksj pkj fof/k l smudh i vt k i kjEHk dhA bl h l s ckā .k /keZ ea efirZ vt k dk vkjEHk gqkA tš rhFkZdjka rFkk 'kkD; eju dh ifrek; a cš kx; Hkko izkku fufōūkekxhā l k/kp/ka tš h Fkha tcf d ckā .kka }kj k dYi r jke] d" .k vkfn oš .ko vorkj ka dh efirZ kaj kt l h oL = kHkk .kka l sl ft tr vksj mudh l hrk] : De .kh vFkok jk/kk vkfn i rRu; kads l kFk LFkfi r dh xbā dkyØe l s

efūkZ vt k dk AR; k [kku
 tks i k'kk .kefūkZ ka dks nš kus l s "kēk i fj .kke ekursgks rksml dš tMrokfn xqk Hkh rfgkj seavk tk; kA tc tM+cō) gkæ s rks l oFkk u'V gks tkvksā nū js tks mūke fo }ku-gō muds l æ&l ok l s Nw/us l seæFk Hkh vf/kd gkschA vksj tk&tksnksk X; kjgoal epykl eafy [ksgō os l c i k'kk .kfn efūkZ vt k d jusokyka dks yxrs gā bl fy, tš k tš; ka usefūkZ vt k ea >Bk dks ygy pyk; k gš oš sbuds el=ka ea Hkh vl EHko ckr afy [kh gā ¼ - Å- , dkn'k l eōz

ge mūke l ūdkj ka okys vksj vi us l ūdkj ka okys i šk gq Fkš , d s gh ejæA dkbZ gea i l n djs ; k u dš fdl h dks [kqk djs ds fy, ge i šk ugha gq A

efirã vt k ea vkMEcjka dk vf/kdkf/kd l eko'sk
 gq/k vksj oYyHkkfn oS.ko erka ds eñjka ea
 Hkksx jkx vkfn dk LFkwy eMu ijkdK"Bk rd
 igp x; kA bl eñj fo/kku rFkk ml l stQh
 efirã vt k ean's kokfl ; kadk vR; f/kd nD; [kpZ
 gksus yxkA Qyr% l eku; mikl d x. kka dh
 i Hkur l Ei fUk f[kp f[kp dj eflUnjka ea, d=
 gksus yxhA eflUnjka ds i q'kj h rFkk egUr x.k
 dks/; k/kh'k gks x, tcf d mikl d l epk;
 fujUrj nfjnZ gkrk pyk x; kA vkt Hkh
 fr: ifr rFkk ukFK}kj k tS s eñjka ea ik; k
 tkusokyk ipj obko rFkk l Ei fUk bl rF;
 dsifjpk; d gA

'kkL=kaeaefirã vt k fl) ughagkrh
 efirã vt k dks 'kkL=kDr eku; rk nus
 dk i Fke iz kl oSndkikj xFkkseafd; k x; kA
 rned kj egkHkkjr rFkk jkek; .k tS s vk; Z
 bfrgkl ka ea bu egkdKO; ka ds uk; dka rFkk
 vU; i q "kka }kj k efirã vt k fd; stkusdsvud
 dfYir fo/kkuka dks ifo"V dj k; k x; k rks
 nW jh vksj vBkjg ij k. kka dh jpuk ds }kj k
 f'koj fo". kj x.kiffr 'kDr vksj l wZ tS s
 ijorhZ ikj kf.kd noka dh ifjdYiuk dks
 l q'k+fd; k x; k vksj blgha nsh&norkvka ds
 eflUnjka dk fuekZ.k] mudh efirã, kadh LFkki uk
 rFkk ifrek intu l s gksus okys ykHkka dk
 peRdkj i wkZo. kZu Hkh vfr'k; kSDr ; Dr 'kSyh
 eafd; k x; kA rFkfi bl i ksj kf.kd l kfgR;
 ds jpf; rkvka us dgha Hkh fujkd kj mikl uk
 dk u rks [k. Mu fd; k vksj u gh efirã vt k dh
 vfuok; r k ; k vijgk; r k gh crkbA bl ds
 foijhr os; gh dgrsjgsfd vYi cñ) okyka

dk sijkl Rrk dh vkj ystkusdsfy, ifrek
 , d l k/ku ek= gA ^ifrek LoYi cñ) hukA
 1/pk.kD; uhfr 4A19½ m/kj efirã vt k ds
 [k. Mu eaHkh vkoktamBusyxhA Hkksxor tS s
 ifr"Br oS.ko ij k.k us efirã vt dka dks
 tMeñ) dgk rks 'kad jkpk; Z us ij kBi vt k
 fy [k dj efirã, ka ea nork dk vkokgu djuš
 ml svkl u inku djuš rnulrj i=] i qi]
 nhi] xak oL=] uhjktu rFkk uDS] vkfn
 LFkwy mi dj. kka ds }kj k ml dh i vt k dju sd
 migkl d j rsgq Li "V ?kksk. kk dh &
 ^i wL; kokgua de l okZkj L; pkl ueA
 LoPNL; ik | e/; Z p 'kñ) L; kpeua dr"AA**

l Urka }kj k efirã vt k dk [k. Mu
 'kad j ds ckn ds ; q' ea mUkj rFkk
 nf{k.k Hkkjr ea l Ur er dh , d tcjnLr
 ygj i šk gñA ukud] nkn] dchj] j škl]
 pj.knkl] iyVñ l ðnjnkl] jTtc vkfn
 fuxñ.k; ka l Urka us gn; eflUnj ds Hkhrj gh
 vUr; kZeh ds : i ea fo | eku ijekRek dks
 vutko dju sij tkj fn; k vksj efirã vt k dks
 l oFkk vLohdkj dj fn; kA bl h izdkj
 rñkj ke] ukenu vkfn egkj k"V²fuokl h l Urka
 usHkh LFkwy efirã, ka dh vi škk l rfpr-vkulln
 Lo: i ijekRek dh ekuf l d i vt k dks gh
 iz kLr ekukA bu l Urka eadchj tS s QDdM+
 rFkk vyeLr 0; fDrRo ds/kuh ykxka us; fn
 efirã vt k dh dBkñ] frDr rFkk 0; X; kRed
 'kSyh ea vkykpuk dh rks vU; engy LoHkko
 okysukud rFkk nknwvkfn usdk ey ok. kh ea
 bl fo/kku dh vuq; Dr rk crkbA

tks 0; fDr vki ds nñ] k ds l e; vki dk l kFk ugha nrk] ml dks vki ds
 l ðk ds l e; ea vki ds l ðk ea fgLI k yus dk dksZ vf/kdkj ugha gA

gkVZ vVšd I s cpko

& Mkw I Urks'k dękj

jkefl ę ftudh vk; q45 o"lZ dh Fkh] blgavpkud , d fnu fny dk nkš k i Mka blgavLi rky eaHkrhZfd; k x; k t gkaMkDVjka dh I kjh dks' k' kka ds ckotm dN ?k. Vka ea blgkausne rkm+fn; kA , d h dbZ?kVuk, agekjs vkl ikl ?kVrh jgrh gš tkfd gea foo'k djrh gšfd ge bl ckr ij fopkj djafd D; k ge gkVZvVšd vksj bl I sgkausokyh ER; q ij fot; ik I drsgš

vl e; gkaus okys gkVZ vVšd dks jkeduk cgr gn rd I Etko gš vl e; dk rRi; Zde vk; qea gkaus okys gkVZ vVšd I s i hfMf ejhtka dk fo'yšk. k djarks i k, asfd , d svf/kdkkr% ykska ea dkjksujh gn; jks I s I EcfU/kr [krjs ds dkj.k ftuea Mk; fcVht] mPp jDrpki] jDr eadkšyLVky c<k gksuk] ekš/ki k] /kzi ku] f' kffky thoup; kZ ; k vR; f/kd rukoxLr i pfUk dk gksuk i k; k tkrk gš gekjk ; g I kpuk fcYdny xyr gš fd Mk; fcVht] mPp jDrpki vksj gkbZ dksyLVky okys 0; fDr; ka ea I k/kj .kr% dkbZ y{k.k ughagks tc dkbZ i jš kkuh gks tkrh gš rc rd cgr nj gks pph gkrh gš bl fy, vxj ge gkVZvVšd I scpuk pgrsgšrksgea fuEufyf[kr tkpa djkuh pkfg, A vius nšud thoup; kZeadN nnyko ykuspkfg, , oadN i fjlFkfr; kaegn; jks fo'kšK dh I ykg Hkh ysuh pkfg, A

CyM 'kqj % iR; d o; Ld dks vius CyM 'kqj dh tkp djkuh pkfg, A [kkyh iš/ ea 'kqj dh ek=k 110 fe-xk- ifr'kr I s de gksuk pkfg, rFkk 75 xte Xyndkst ihusds2

?k. Vs ckn 140 fe-xk- ifr'kr I s de gksuk pkfg, A , d Mk; fcVht dsejht ea [kkyh iš/ CyM 'kqj dh ek=k 126 fe-xk- ifr'kr ; k T; knk rFkk 75 xte Xyndkst ds2 ?k. Vs ds ckn 200 fe-xk- ifr'kr ; k T; knk gksrk gš dbZv/; ; ukauvc ; g iękf.kr fd; k gšfd Mk; fcVht dsejht ea CyM'kqj dsfu; U=. k I s pkgs og ijgst vksj 0; k; ke }kjk gks ; k fQj bli fy; k ; k Xyndkst de djus okyh Vcyš }kjk] gn; jks rFkk vU; tfVyrkvka eadeh vkrh gš

dksyLVky dh tkp djkuh % Mk; fcVht dh rjg gh dksyLVky Hkh gn; jks ds gkaus rFkk bl I s I EcfU/kr tfVyrkvka dsfy, dbZ egROI wZ dkj .k gš dksyLVky ds dbZ i d kj gksrsgšftudk geafyfi M i k Qkby ¼[ku dh tkp½ }kjk irk pyr gš gn; jks ds I UnHkZ ea I cl s egROI wZ , y-Mh, y-dksyLVky dh I kelt; ek=k 130 fe-xk- ifr'kr ; k bl I s de gksuh pkfg, A yšdu , d s0; fDr; ka ea tks igys I s gh , Utkbuk ; k gkVZ/Všd I s i hfMf gš; k mUgaMk; fcVht gš buea , y-Mh, y- dksyLVky 100 fe-xk- I s de gksuk pkfg, A

mPp jDrpki % gn; jkska ds fy, mPp jDrpki Hkh dkQh gn rd ftEenkj gš bl dk irk I gt gh yx I drk gš mPp jDrpki ds bykt ea Hkh dkQh i f jorZu gq gš fdl 0; fDr eajDrpki fdruk de fd; k tk; s dks I sejht eadl nok I s I cl s T; knk Qk; nk gksck ; k dks I h nok, a udl ku igpk; šh bl dk fu.kZ egROI wZ

; fn vki 'kkr cus jgš rksfd I h Hkh gkyr ea vki vf/kd cę) erk i d vksj vPNk fu.kZ ys I dksA

gÅ mnkgj .k dsfy, , d l keku; 0; fDr dk jDrpki 140 fl LVksyd rFkk 90 Mk; LVksyd l s de gksuk pkfg, A yfdu Mk; fcVht dsejhtka eaf l LVksyd 130 fe- l sde rFkk Mk; LVksyd 85 fefe- l sde gksuk pkfg, A

/kæzi ku dk R; kx % /kæzi ku dkjksujh /keuh eaf l dMæ gksusdk , d iæ[k dkj .k gSrFkk /kæzi ku djus l s /keuh ds vUnj jDr dk FkDdk teusdh iæfUk c<rh gS tksfd gkVZ vVd dh otg gÅ

Hkkstu ea ifjorZu % geamu [kk | inkFkka dk l ou de djuk pkfg, ftueadksyLVky rFkk l pjsVM QV gÅ tS s v. Ms dh tnhz xksr rFkk pchz , oaeykbz ?kh rFkk eD [kuA vul pjsVM QV tksd ouLifr sy %j OkbUM vk; y½ ea ik; k tkrk gS buea dksyLVky dh ek=k ; k rks de gkrh gS ; k i Hkkfor ugha gkrhA bl fy, mfpr ek=k ea budk iz kx fd; k tk l drk gÅ

0; k; ke % , jkscd 0; k; ke ge l Hkh dsfy, ykHknk; d gÅ 0; k; ke l s dksyLVky dh ek=k

?kVrh gÅ Mk; fcVht vkj mPp jDrpki ds fu; U=.k eaHkh enn feyrh gSrFkk dkjksujh /kefu; kaeajDr dk FkDdk teusdh iæfUk Hkh de gkrh gS tksd gkVZvVd dh otg gÅ gn; jks l s i hMæ ejhtka ea 0; k; ke dh 'kq vkr gn; jks fo'kSkK dh l ykg l s gh djuh pkfg, A

fuEu i fjLFkfr; ka ea gn; jks fo'kSkK l sl ykg ya%

l hus ea nnZ gks % vxj vki o; Ld gÅvkj vpkud vki ds l husearst nnZdh f'kdk; r gksrksbl i fjLFkfr eagn; jks fo'kSkK l s l ykg rFkk bz l h-th- djuk vfuok; Z gÅ D; kfd vxj ; s nnZ gkVZ vVd dk gS tks l e; eafd, x, bykt }kjk vki dh tku cpk l drk gÅ l huseannZgksusdsdkj .k gks l drsgS yfdu gkVZvVd dh l EHkkouk ml l e; c<+ tkrh gS tc vkiea dkjksujh gn; jks l sl EcfU/kr [krjdsdsdkj .k ekStm glæ iæ[kr% Mk; fcVht] mPp jDrpki] gkbZ dksyLVky rFkk vf/kd meZgkskA

j p u k , a v k e f = r g Å

j p u k] i f = d k d s m n n s ; d k s / ; k u e a j [k r s g q l æ { k l r } l q i " V v k j l e k t e a l d k j k R e d i f j o r Z u y k u s d s m n n s ; d k s / ; k u e a j [k d j f y [k h x ; h g k a o n] m i f u " k n] n ' k u] c k ä . k x b f k] l # x b f k] e g k i # " k k a d h t h o u h v k f n d s v k / k j i j 5 0 0 l s 9 0 0 ' k C n k a d h j p u k , a & y s [k] d f o r k] i l æ] t h o f u ; k a v k f n v i u h e n y j p u k , a v k b i d j k d j ; k l i " V v { k j k a e a l o g l r f y f [k r l E i k n d d s u k e l s f u E u i r s i j Ø i r n o 1 0 @ d t M y h f g l n h O k i V e a b & e s y l s h k s t u s d k d " V d j Å j p u k d k s l o h d r ; k v l o h d r d j u s d k v f / k d k j l E i k n d d k g Å l æ F k k d h f o U k h ; l h e k v k a d s d k j . k d k b z i k f j J f e d n s u k l E H k o u g h a g l o x k A

d" .k dkur ofnd "kkL=h
i k l v c s x l @ & 67 t h o i h o v k o
n g j k n u & 2 4 8 0 0 1
Email: kkvoidik@gmail.com

fdl h Hkh y{; dks i k r d j u s d h r j Q i g y k d n e g s f d v k i m l d s c k j s e a t k x r s g q L o l u n s [k a f Q j m l d h i k f l r d s f y , i j h e g u r d j Å

ohj gdhdr jk; dk vej cfynku

&peuyky jkeiky

ohjrk dh Js kh eanksi djkj ds ohj vkr
gA , d dh igpku ; fn vR; kpkj ds fo:)
mBh ryokj djkrh gS rks n h dh igpku
vR; kpkj dh ryokj dh /kkj dks d h n djrh
cfynkuh ohj dh <ky : ih xnZu ---- vks /keZ
ohjks ds ; g nksuks : i gh vfr i w ; , oa /keZ
tkfr vks jk"V- dh <ky cu n qeu ds
vR; kpkj h igkj ka dks vi us Aij l gu djrk
gA , d sohj ka dks ge dks V & dks V izkke djrs
gA

/kU; /kU; r e /kU; gks ohj k
/kU; & /kU; cfynku gA
cfynkuks l s gh ohj r f g k j
jgh /keZ dh 'kku gA

ohj gdhdr dk tle o tle LFkyh
L; kydk/ uxh 1/2c ikfdLrku e
dHkh i atkc dk ifl) iju HkDr ds fir k jktk
l yoku dk LFky Fkk ftl dk jkT; tEew
d'ehj rd QSyk g/k FkA 18oha 'krkCn h ds
vkj 1719 bZE ea L; kydk/ uxj ea , d
ifl) 0; ki kjh ykyk Hkxey th jgrs Fks tks
uxj dscMs ifr"Br 0; fDr FkA budh i fRu
dk uke dks k n h Fkk tkscMh /kkfzd i dfr dh
L=h FkA blgh ykyk Hkxey th o ekrk dks k
ds?kj kyd ohj gdhdr dk 1719 bZes tle
g/k FkA

fglnw/ka ds n s k /keZ vks tkfr dh ml
l e; dh voLFkk ; g Fkh fd n s k i j k /khu Fkk
vks 'krkCn; ka l s vi uh QW ds dkj . k fglnw

bLykeh nkLrk ea tdMk VW l k x; k FkA
dkU l k vR; kpkj gS tks ml s l gu u djuk
i M+jgk Fkk\ u ml dk /keZ u /keZ LFkyh u
n h u n h r k j u c g h u c s h u d k b z l E i f R r
d n H k h m l d k l g f { k r u F k k A ' k o r k s , d
ckj gh 'e'kku ea tyrk gA i j u r q f g l n w d s
eku & l E e k u d k ' k o f u r v i u s f g l n w / k e Z d k s
N k M / e s v F k o k b L y k e L o h d k j d j u s ; k e j u s
d k " k M ; U = c u t k r h F k h A

vk; Z l e k t d s i f l) u r k M h , o h
dkyst] yk g k s d s f u e k r k e g k R e k g a j k t t h
u s e f l y e j k T ; d s l m H k z e a , d y s [k e a n k s
, d h g h g n ; f o n k j d ? k V u k v k a d k m Y y s [k
f d ; k g A

i gyh ? k V u k ----- f l d l n j y k s k h d s l e ; d h
g A , d l k / k q e g k R e k n s k , d b z o j o k n v k s
, d e k u o o k n d k i p k j f d ; k d j r k F k k A , d
ckj ml us ; g d g f n ; k f d l c / k e Z e r
e t g c v P N k g S v k s e f l y e e t g c H k h v P N k
g A f l d l n j y k s k h d k s b l c k r d h H k u d i M
x b z f d f g l n w l k / k w f g l n w d Q j v k s i k d
b L y k e d k s , d L r j i j j [k d j i p k j d j j g k
g S v k s f g l n w e d y e k u k s d k s c j k c j d s e k u o
e k u r k c r k r k g A

; g l q r s g h m l h l e ; m l l k / k q d k s
n j c k j e a c y k ; k x ; k v k s i n k x ; k r k s m l
l k / k q d k o g h a f u l h k h z d m R r j l q m l d h m l h
l e ; t c k u d V o k n h A

i z u & l c d n [k k s u s l s T ; k n k c j k D ; k g s
m U k j & o k s m E e h n [k k s n s k] f t l l s g e l c d n o k i l i k l d r s g A
m E e h n c u k , j [k A

ni jh ?kVuk gS---A mRrj Hkkjr eaml l e;
 , d efl ye ihjka dk dLck ^Apk dLck* ds
 uke l sifl) Fkka ogka, d vjk&lk+tkfr dk
 fglnw jgrk Fkk] tks vius dkedkt] l Ttu
 0; ogkj] mPp fopkjka ds dkj.k l kjs {ks= ea
 ifl) Fkka , d fnu og viuseq yeku fe=
 tks njckj ea dkth Fkk] ml s feyus ml ds
 fuokl ij x; kA ckr&ckr ea vjk&lk th us
 dgtaLokHkkfod dg fn; k fd ** bLyke er Hkh
 vPNk gA** dkth usml h l e; Qrok nsfn; k
 fd vc rē ed yeku gksx; sD; kfd rēuseku
 fy; k fd bLyke er vPNk gA cplkj
 fpYykrk jgk fd eā fglnw gh gū eūs bLyke
 Lohdkj ugha fd; kj ijUrq ml ij vfhk; ks
 pyk; k x; k vks 'k'g %bLykeh dkuuuh l Hkk½
 us Qrok nsfn; k fd efl ye ?kks"kr gks ds
 i 'pkr dkbzi q% dQj dh vksj ugha tk l drk
 vFkkz-fglnw ugha cu ; k dgyok l drk- vr
 eabLyke Lohdkj u djus ij bl l kB o"lz ds
 cks+fglnw; fDr dk ryokj l sfl j dkV dLcs
 eayVdk fn; k x; kA

; g gSed yekuh] 'kkl udky dh , d
 nks >kfd; kA bfrgkl l k{kh gS dchj HkDr
 vksj egku xq ukud nō th tš h egku
 , drkoknh foHkkir; ka o l arka dks Hkh] 'u dkbz
 fglnw dkbzed yeku] l c ekuo , d l eku*
 ds i pkj ij efl ye 'kkl u dky eacnh [kkus
 ea tkuk i Ml Fkka ij kru dky dh gh ckr
 ugha vkt Hkh bLykeh ns kka ea vi us fglnwer
 /keZ dk i pkj rks D; k--- vi us ?k'ka ea Hkh] u
 dkbz vi us /keZ dh i l rd j [k l drk gS u
 ml sogkai <+l drk gA fd l h xj efl ye dk
 LFkkbzogkaj g i kuk vFkok vi uk dkbzogka/keZ
 LFkku cukus dk rks fd l h efl ye ?kks"kr
 jkT; eai z u gh ugham BrkA

dk'k! vkt dk fglnw l ekt 'l oš
 HkoUrq l q[ku%* dh viuh l dfr j [krk
 vi us nš k Hkkjr ds mij dR bLykeh jkT; dh
 vksj c<fs ix jkd l dš ; gh gekjh bz oj
 vksj fglnw l ekt l s i kFkZuk gA bl ds fy,
 Hkkjr ea fcuk er etgc ekus ifjokj
 fu; kstu vo'; EHkkoh gS rkd Hkkjr ea
 vfglnw/kadh; kstu uc) of) : d l dA

, d s fodV dky ea gh 1719 bD ea
 gdhdr jk; dk tle gya bl l e;
 fglnw/kadscPpkadks bLykeh i Hkko eaykus ds
 fy, efl tn dsedrcka/dm/kk eagh efl ye
 cPpkads l kFk Qkj l h vjch i <uh i Mfh Fkha
 ijUrq cky gdhdr dh ekrk dks ka us
 ckY; dky ea gh ml s jkek; .k] egkHkkjr]
 Hkxoku jke rFkk Hkxoku d".k dh xhrk dk
 Kku l kj] l e>k ml ds jke&jke ea/keZ i e o
 tkfr xks o Hkj fn; k Fkk vksj fglnw/keZ dh
 Apkb] deZ dpeZ dk Kku vkokxeu dk
 Qyl Qk , oavkRek vej o 'kjhj uk' koku ds
 fl) karka dks ckyd gdhdr jk; dseu cf)
 eafcBk fn; k Fkka

gdhdr jk; cMl rhoz cf) dk
 ckyd Fkka 1734 bD ea tc og dōy 14 o"lz
 dk Fkk edrc ea, d , d h ?kVuk ?kVh ft l us
 ckyd gdhdr jk; dks rks vej dj gh fn; k]
 i wkZ fglnw tkfr dk 'kh'k Hkh xoz l s Apk gks
 x; kA

, d fnu tēk dh uekt i <us tc
 eYy th edrc l sefltn eay py x; s rks
 efl ye yMds gdhdr jk; dks fglnw dk Qj
 dg og fglnw nōh&nōrkvka dk mi gkl dj
 fp<kus yx A tc gdhdr jk; useuk fd; k
 rks og l hrk ekrk o nqkz Hkokuuh ds l eak ea

; k rks vk'kk, a de dja vksj l Ppkbz dks Lohdkj dja
 ; k vk'kk, a vf/kd gks rks budks l Ppkbz ea cnyA

cM&?kf.kr 'kCn dgus yxA ml l e; cM& Nks/s l Hkh dVvJ i fkh eq yekuka dk fglnw nōh nōrkvka dks xkfy; kansuk , d vke 'kqy Fkka gdhdr jk; /kfeD i pfrR dk l ggl h ckyd Fkka tc ml dsckj &ckj euk djusi j Hkh eqLye Nk= eka nqkz ds fy; s dVq 'kCn cksyrsgsrksgdhdr jk; dsfy, mlgal guk vl Hko gks x; kA foo'k gks gdhdr jk; us mlgamRrj fn; k fd tks?kf.kr 'kCn rēp ekrk nqkz dks dg jgs gks ogh 'kCn ; fn rēgkj chch Qkfrek dks dgs tk; s rks rēga ds k yxsk\ chch Qkfrek j l w egEen l kfgc dh cš/h Fkka chch Qkfrek dk uke bl l cdk ea l qrsgh eqLye Nk= vlx ccyk gks x; s vksj gdhdr jk; ij fi y iMA ekj&ekj dj ml sv/kejk dj fn; kA gYyk xYyk l q tc eYyk th edrc eavk; srksefLye yMekaus ued fepz yxkdj j l w tknh chch Qkfrek dks xkyh nus dk nksk e<+gdhdr jk; dks l tk nusdk vxg fd; kA

^vjs dkfQj dk ; g l ggl dh chch Qkfrek j l w tknh dh 'kku ea xdkrk [kh djā eYyk th gdhdr jk; dks vdk/kdk i hvusyxA gdhdr jk; us l R; crkuso U; k; dh xqkj dhA ijUrqt qm ea l R; vksj U; k; dk LFkku dgka gsrk gā eYyk th us gdhdr jk; dks nkskh Bgjdkj ekeyk uxj dsdkth ½ etgch U; k; dkj h½ ds i kl Hkst fn; kA i frf"Br fglnw gdhdr dsekrk&fir k ds l kFk dkth th ds njckj eagdhdr dks vcksk ckyd tku {kek dh ; kpuk djus x; s rks dkth th us i kd djkku [kksy Qrok i <+fn; k vksj xjkz k fd j l w j l w tknh] djkku ; k bLyke dsckjsea ; fn dkbZ dkfQj vi 'kCn dgarks ml dsfy, ekš ds vfrfjDr dkbZ vksj l tk ugha gā

ekrk&fir k dh vkgkst kjh ij bruk dg fn; k fd , d jkLrk cpusdk ; fn gSrksog bLyke Lohdkj dj ysk gā ykgkj ds cM&ukfte ¼; k; k/kh' k½ us Hkh gdhdrjk; dh ekš ds Qrosdh i qV dj nhA

gdhdr jk; dk bLyke Lohdkj dj us l s bdkj

Hkxoku Jh d".k dh xhrk dk mi kl d] vkRek dks vej vksj 'kjhj dks uk'koku l e>usokyk ohj gdhdr] ekš l s D; kaHk; Hkhr gsrkA dMē dj dgk]

vjsekš l sD; k Mjkrsgkse} ; g vej gsvkRek ejhA feVl drk ughaft l svkx i kuh Hkh] D; k feVl; sx ml s'ke' khj rj hAA t qmusbLyke dk gStk k fl j ij] rksvkt ekyks/keZ dh blrgk ejhA ughabr tkj sd; ker] dckae cBdj] ; g xbzog vkbZ; gkavej vkRek ejhAA

fi rk Hkxey o ekrk dks ka us Hkh jks jkdj ohj gdhdr l s eR; q l s cpus ds fy, bLyke Lohdkj djus dh ikfkZuk dh vksj ukfte us bLyke dcy djus ij vi uh cš/h dk fudkg ¼ookg½ ml ds l kFk dj nus dks dgk] ijUrq og ckyd] /keZ Fk dk vVy i fkd] fglnw/keZ dk nhokuk gdhdr] vi us fu.kz l stj k Hkh fopfyr u gqkA dkt; kds Qrosij tks'kkL=kfkZ dkt; kal sohj gdhdr jk; l sgqk og fglnw/keZ dsegku vk/; kRed rRo Kku dh ml Āpkbz ka dks Nirk gSft l vkRe cy l s fglnw tkfr 'krkfcn; ka dh xgykeh ea eR; qknh l s l ggl l s xqtj x; hA cl Ur ipeh ds fnu ohj ckyd gdhdrjk; dh ryokj l sxnZu vyx dj nh xBA

ea mu l cdk /ku; oknh gh ftUgkaus ejk mRl kg rkMkA
ejh vkt dh l Qyrk ea dN mudk Hkh fgLI k gā

onk/kkfj r gks x.krU=

& jk/ks ; ke ^vk; 7 fo | kokpLi fr

ft I dsvdj dks I hpk Fkk
vej 'kghnkaus' kks.kr I A

ogh fn [kk; h vc i Mfsgj
mRi hfMf o 'kks'kr I A

I Hkh txg uhpsl sA i j
0; klr gpk gSHkZVpkjA

i fr r gpk gSpfj = jk"V^adkj
c<k tk jgk vR; kpkjA

jktuhr dsd.kZkkj vcj
gg LokFkZeavU/ksgA

LokFkzi firZdsfy, mlgkuj
fd, i nfi"kr /ku/ksgA

I R; &/keZysjgk fl I fd; ka
nkuork gksxbzfoHkkjA

Mka/ jgk gSvc I q ukadks
0; kfHkpkjh o dyf"kr pkjA

i f'pe dh vkakh usdS k]
vkt ; gkadgjk e pk; k\

I R; I ukru I h I dfr dkj
bl /kjrh I svkt mMk; kA

VW jgsi fjokj gekj}

VW jgk I Ei wkZl ektA

mxokn dstkykaeQil]
gpk i zdfEi r Hkkj r vktA

I hek, aHkh vkt nsk dh]
ughajghal Ei wkZl gjf{krA

yxk gpk gsvkt nkø i j]
Hkkj r dk I okā fj fgrA

, d h fo"ke i fjfLFkfr; ka l }
ge gkxsdS smleQrA

vkvkd djafopkj I Hkh ge]
dS sgkamul svoeQrA

, d ekxZgh 'kSk cpk gS
oñnd i Fk ge I c vi uk, A

ft I I sekuork jf{kr gk}
nkuork ge nij Hkxk, A

efge.My ij I okā fj gk}
Hkkj r] fQj tkxs; g eU=A

t; h cusfQj on 0; oLFkk]
onk/kkfj r gksx.krU=A

fe= cukuk I oFkk I jy gS fe=rk fuHkkuk dfBu gA

Hknyuk I h[kks

vešjdk ds, d Áed[k fpfdRI d
 ^esMdy V,d** uked i = eafy[krsgáf d
 o'kkā dsckn eābl fu.kz; ij igpk gpf d
 nē[k nij djusdsfy, Hkny tkvkš I sc<+
 dj dkbz nok ugha gā vi us yš[k ea os
 fy[krsg& ; fn rē "kjhj I š eu I svkš
 vkpj.k I s LoLFk gksuk pkgrs gks rks
 vLoLFkrk dh I kjh ckra Hkny tkvkā
 jkst&jkst ftUnxh ea Nks/h&Nks/h
 fpŭrkvka dks ydij >hārs er jgkš mlga
 Hkny tkvkā mlga dkd kser] vi usfny ds
 vlŭnj mlga ikys er j [k&mlga vlŭnj I s
 fudky Qadksvkš Hkny tkvkā

Ekkuk fd fdl h vi us us rēga pks/
 igpkbz gš rēgkj k fny nē[kk; k gā I Etko
 gš tku&cw>dj ml us, š k ughafd; k gks
 vkš eku ykš fd tku&cw>dj gh ml us
 , š k dj Mkyk gš rks D; k ml sydj I w
 dkr rj jgksā bl I s rēgkjs fny dk nnz
 dŭn gYdk gksx D; k\ vjs Hknbz Hkny
 tkvkš fpŭrkvka dk tky er cūus yxkā
 m/kj I s fpŭk gvkykš vk[k Qš ykš eu
 ekā/ykā

nl jka ds Áfr rēgkjs eu ea ?k.kk]
 }sk] bz; kž nēkkb vkfn ds tks?kko gāmul s
 Hkhrj gh Hkhrj eokn cg jgk gš vkš ; g
 rēgkjs gh "kjhj & eu & Ák.k ea tgj QŠy
 jgk gā D; ka u rē bu reke ckrka dks
 vi usfny I sfudky Qadkš eu I scgkj
 Qadkš ān; I scgk Mkyk vkš rē nē[kks
 fd rēgkjs Hkhrj , š h i fo=rk] , š h I Qkbz
 vk; sch fd rēgkj k "kjhj vkš eu i w k z %
 LokLFk rFkk fuey gks tk; sk cM&cMš

I adV] foi fŭk vkš nē[k dsl e; D; k djā
 ; fn gekjs Āij nē[kka dk igM+VW i Mē
 gkš fdl h us gekjs I R; kuk" k dh rncjā
 I kp yh gka vkš dkbz gekjk ije fĀ;
 0; fDr gearM+rk NkM+dj eR; qdseq[k ea
 I ek x; k gk&, š svoljka ij tc gekjk
 ?kko xgjk vkš eekŭrd gkš ge D; k djā
 D; k mlga Hkh Hkny tk; š Hkny Mkyā gk] gk;
 mlga Hkh] mlga Hkh Hkny tkvkš bl h earēgkj h
 Hkykbz gā Hkfo'; ea rē vf/kdkf/kd I d[k
 i kvksš "kkfŭr i kvksā nē[k dh] fpŭrk
 dh] chekj dh ckra u djkš u I pka
 LokLF; dh] vkuln dh] Áe dh] "kkfŭr dh
 gh ckra djks vkš blgagh I pka nē[kks sfd
 rē LokLF; ykHk djksš Áe i kvksš "kkfŭr
 i kvksā

vkš eāvi usvŭtko I sdg jgk gpf d I p
 ekusfd nē[kka dk Hkj mrkj Mkyuk drbz
 eif"dy ugha gš cMē gh vkl ku gā
 "kq &"kq ea vknr Mkyus ea dŭn I e;
 yxsk] dŭn dfBukbZ Hkh gksch] yšdu
 vknr i M+tkusij ckr dh ckr earē cMē
 I scMē fpŭrk dks pŭfd; ka ij mMē nksx
 vkš bl Ádkj Hkny tkus; k Hkny nšs ea
 rē brusvH; Lr gks tkvks sfd thou dks
 nē[kke; vkš fo'kkDr dj nšs okyh reke
 ckra rēgkjs I keus vkrs gh dkQij gks
 tk; schA ; g I ā kj rēgkjs fy, vkulne;
 Áhr gksck] D; kōd bl earē[k] vHko] i hMē
 d'V vkfn & tš h dkbz Lrughajg tk; schA
 Hknyuk I h[kkā ; fn "kjhj] LokLF; vkš eu
 dh "kkfŭr vHkh'V gš rks Hknyuk I h[kkā

¼ dY; k.k I s I kHkkj ½

ekšk i kflr ds mik;

b- iæ izk'k 'kekz

Egfk'kz n; kulln ds vuđ kj 'ftl l s
 l c cjsdkekavks tleej. kkn nqk l kxj l s
 NWdj l qkLo: i iješ'oj dks Åklr gkdj
 l qk l sjguk gš og eđDr dgkrh gSA on ea
 dgk x; k g&^reð fofnRok fr er; efr*
 vFkkz~ ml Ådk"klO: i] T; kšrez]
 vfo |ku/kdkj l sijsegku~i#k iješ'oj dks
 tku dj gh vero dks Åklr fd; k tk l drk
 g& ekšk ds mik; ka dh ppkz djrsgg egfk'kz
 dgrs g& fd tks iðkDr bz'oj dh Lrqr]
 ÅkFkz uk vks mikl uk dk djuk /kel dk
 vkpj.k vks iq; dk djuk l Rl æ] fo"okl]
 rhFkz l ou vks ijki dkfjrkfn l c vPns
 dkeka dks djuk rFkk l c nqV deka l svyx
 jguk] ; s l c eđDr ds l k/ku g& egfk'kz us
 l R; kFkz Ådk" k dsuoe l eŷykl eaeđDr ds
 l k/ku crkrsgg dgk gšfd f- tkseđDr pkgš
 og thoueđr vFkkz~ftu feF; kHk'k. kkn
 iki deka dk Qy nqk gš mudks NkM+
 l qk&: i Qy dks nus okys l R; Hk'k. kkn
 /kekpj.k vo"; djA „- nlr jk l k/ku oš kx;
 g& ...- rhl jk l k/ku&'kVel l Ei fUk vFkkz~N%
 Ådkj ds deZ djukA ; s deZ g&"ke] ne]
 mijfr] frfr{k} J) k vks l ek/kkuA t- pkškk
 l k/ku ^eekro* g& bl dsHk pkj l k/ku vks
 pkj vučl/k gkrsg& bu l k/kukavks vučl/kka
 dk ikyu djus ds ckn ^Jo.k prqV; * dk
 ikyu djuk gkrk g& ; s Jo.k prqV; g&
 Jo.k] euu] fufn/; kl u vks l k{kRdkjA

onka ea ekuo thou dk y{; ekšk
 i kflr crk; k x; k g& ekšk dh vof/k 31 uhy
 10 [kjc 20 vjc o"kz g& ekšk dh vof/k ea
 tho bz'oj ds vkulln ea exu jgrk gš vks
 LoPNUn fopj.k djrk g& ; g eđDr LFkk; h

ughagš bl ds ckn __Xon ds, d ell=14-24-
 1½ ds vuđ kj iutle gkrk g& __Xon ds
 , d ea= ea thou dks mPph~r djus dk
 mik; crk; k x; k g& ell= bl Ådkj g&
 mokpaeso: .kšez'jk; f=% l r uke?U; kafokfrA
 forllilnl; x& u ołp |æk; foizmijk; f'k{ku-AA
 ¼_-%Š%+½

mDr ell= dk HkkokFkz bl Ådkj gšfd
 ijekRek vius Kku ds ik= eskoh HkDrka dks
 viuh HkDr dk exZgg crykrsgg minšk
 djrsgšfd ræ bDdhl ukakaokys; K] ftu
 dks onok.kh us /kkj.k fd; k gš mudk]
 vučBku djks vFkkz~ c& ; Kkn ikp
 egk; K vks miu; ukfn "kkM'k l kdkj: i
 ; K] bu bDdhl ; Kka dks djus okyk
 eđDr/ke dk vf/kdkjh gkrk gš vks ogh
 ijekRek dh l ehi rk dks mi yC/k djds l qk
 dk vučko djrk g& ; g ijekRek dk
 minšk euq; ek= dsfy; sxká gšfd mDr
 bDdhl ; Kka dk vučBku djrsgg vius
 thou dks mPp cukoAA

bl Ådkj eđDr exZ ds l k/kdka ds
 fy, ; g mfpr gšck fd osl oZAFke v'Vka
 ; šx dsl k/kuka; e] fu; e vkfn ds }kjk vius
 thou dk vkfRed fodkl dja vks on ea
 crk, x, mDr o vll; fofHku l k/kuka dk
 ikyu djrsgg eekro dh flFkr rd igps
 vks fQj ml ds ckn l k/kuk vks ri dj ds
 iješ'oj dh -ik l sml sekšk in Åklr gks
 ik; šx vks ; fn fdl h dkj.k l sbl tle ea
 og eđDr u ik l dk rks de l s de vxys
 tle ea euq; ; ksu ikdj i q% vius ekšk
 Åklr dsekZij py l ds kA

ořnd l k/ku vkJe rikou dks nku nsus okys ea nkunkr'kvka dh l pph

Ø-l - uke	LFkku	/ku jkf' k
1- Jh , u-ds vjk&Mk	fnYyh	500@&
2- Jherh on dękjh HkkfV; k	tudi ğh] fnYyh	50000@&
3- Jh l rohj /ku [kM+	tudi ğh] fnYyh	1000@&
4- Jh blnz thr vk; l	dkykokyh] fl j l k	1000@&
5- Jh nđbnz xkđkh	fnYyh	2000@&
6- Jh vkbZMh- xđrk	uks Mk	15000@&
7- Jh dęy fl ğ vk; l	i kuhi r	1200@&
8- Jh ; 'koekZ th	; eųkuxj	1200@&
9- ekrk yktoflr th	; eųkuxj	500@&
10- ekrk l ğbnz vjk&Mk	ngjknw	1500@&
11- Jh dey Hk. Mkjh	eġcbZ	5000@&
12- Jh jkđsk dękj	eġcbZ	1200@&
13- Jherh T; křr oekZ	eġcbZ	2200@&
14- Jherh deyskokgh	eġcbZ	500@&
15- ekrk Qyofr th	fnYyh	1000@&
16- Jh l nhi efyd th	l đkk" kuxj ngjknw	1000@&
17- Jherh g" kZ pkoyk	c&ykġ	3100@&
18- Jh vf' ou cġj	eġcbZ	22100@&
19- Jh fj' kky fl ğ	>Ttj	1100@&
20- Jh vđkęu [kkđ yk th	fnYyh	50000@&
21- Jh d".k cynđ th	fnYyh	5100@&
22- Jh l oZthr fl ğ	>Ttj	1100@&
23- Jh jke fl ğ jkBh	gfj ; k. kk	500@&
24- Jh nhucU/kq th	gfj ; k. kk	500@&

l ppu

1- ; ksx f' kfoj i Fke Lrj %22 Qjoj h l s2 ekpZ2015 rd

2- xk; =h ; K 13 ekpZ l s15 ekpZ2015 rd

3- l R; kFkZ i đk' k , oaofnd l đ; k i f' k{k.k %14 vi řy l s22 vi řy 2015 rd

__f"k; ka dk l ns'k

¼thou thus dh dyk½

- 1- fo"k; ka dksHkksxdj] bflnz, kadh r".kk dksl ektr djusokyk rñgkj k fopkj , d k gh gš tš k fd vx dksç-kusdsfy, ml ea?kh Mkyuka
- 2- ; sckraekuuk rñgkj k l c l scMk vKku gSfd ^ešdHkh e: æk ughä*] ; g 'kjhj cgr i fo= gŠA ^fo"k; Hkkskæaei wkZvkš LFkk; h l q[k gŠ* rFkk ^; g ng gh vkRek gŠ**
- 3- rñgkjseu eavPNs; k cjsfopkj vi usvki ughavkrA bu fopkj ka dksræ vi uh bPNk l s gh mRi l u d j rsgkš D; käd eu rks; U= dsl eku tM+oLr gš ml dk pkyd vkRek gŠ
- 4- fd l h dsvPNs; k cjsdeldk Qy rRdky u i ktr gkrk n[kdj ræ ; g er fopkj ka dsbu dekd dk Qy vkxsughafeyskA de&Qy l sd kbZHkh cp ughal drk] D; käd bz oj l oD; ki d] l oK rFkk U; k; dkjh gŠ
- 5- l d kj ¼ dfr¼ l d kj dksHkksusokyk ¼tho½ rFkk l d kj dks cukusokys ½bz oj½ ds okLrfod Lo: i dks tkudj gh rñgkjs l eLr n[[k] Hk;] fpürk; a l ektr gks l drh gš vkš bl dsvfrfj Dr n[jk dkbz mik; ughagŠ
- 6- euš; thou bz oj i kflr dsfy, feyk gŠ bl eš; y{; dksNkMædj vl; fd l h Hkh dk; Z dks i kFk fedrk er nkš ugharks rñgkj k thou plnu l sou dks dks yk cukdj u"V djus dsl eku gh gŠ
- 7- rñgkjs thou dh l Qyrk rksdke] Øksk] eks] vga dk j kfn] vfo | k ds d d l d kj ka dks u"V djuseagh gŠ ; g l eLr n[[k] sNw usdk JŠB mik; gŠ
- 8- tc rd ræ l d kj dsl [kka ds i hNs fNi sgq n[[k] ka dks l e> ugha yksš rc rd oš kx; mRi l u ughagkskA fcuk oš kx; ds ppy eu , d kxz ugha gksk] , d kxr k ds fcuk l ekf/k ugha yxsch] l ekf/k ds fcuk bz oj dk n'kzu ugha gksk] fcuk bz oj & n'kzu ds vKku dk uk'k ugha gksk vkš vKku dk uk'k gq fcuk n[[k] ka dh l ekflr vkš i wkZLFkk; h l q[k ½efDr½ dh i kflr ughagkskA
- 9- ræ bl l R; dks l e> yksfd vKkuh euš; gh tM+oLr vka ¼kfe] Hkou] l ks k] pkanh vkfn½ rFkk pr u oLr vka ¼fr] i Ruh] i e] fe= vkfn½ dks vi uh vkRek dk , d Hkks ekudj] budh of) gksusi j i d l u rFkk gkfu gksusi j n[[k] kh gkrk gŠ
- 10- rñgkjs yksš: i h eu dks fo"k; Hkksx: i h p[cd l nk vi uh vkš [khp rk jgrk gŠ Kkuh euš; fo"k; HkkskA l sgksusokyh gkfu; kadk vuøku yxkdj bu eavkl Dr ugha gksš fd l r vKkuh euš; bu ea Qd dj u"V gkstkr gŠ
- 11- egku-Kku] cy] vkuln] vkfn xqkkadk Hk. Mkj , d pr u bz oj gš tksvukfn dky l s rñgkjs l kFk gš u dHkh og vyx gvk] u dHkh vyx gkskA ml h l d kj dscukus okyš i ky u djusokyš l cdsj {kd} fujkd kj dh Lr q] i kFkZuk rFkk mi kl uk l c euš; ka dks l nk dj uh pkfg, A

l kšU; & l oZ h nhi pln fot; dekj] dhjrij] ftyk fetukš ¼nDkj i ns'k½