



RIGVED
YAJURVED
SAMAVED
ATHARVAVED

Swami Dayanand Saraswati

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Ved Sandesh September 2015 Volume 6 Issue 9

ARYA PRATINIDHI SABHA QLD INC

Krinvento Vishvam Aryam ~ Make This World Noble

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Seniors Lunch

Havan QVCC

Article

Yaj Dates August

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Editorial:

Namaste All,

The highlight of this months programme was Seniors Citizens lunch and celebration of Pundit Pathik Ji's birthday. It was encouraging to see so many people attending the function, and the temporary shelter built was also full to capacity as well the Yajshalla. The function was well enjoyed by the seniors and lunch was delicious. We really wish to carry on with this function in coming years. It gives us all, the opportunity to meet and greet each other and make that much required connection with the community.

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Arya Pratinidhi Sabha of Queensland members had pleasure of hosting the seniors week lunch at the Queensland Vedic Cultural Centre on August 16. The theme for senior's week celebration was -make connection: share your story. This initiative is by Queensland Government and seniors' week was from August 15 to August 23.

The members from Indian Senior Citizens Association and Fiji Senior Citizens Association of Queensland took part in celebrations and it was very well attended function. Sabha members formed the part large audience present. The programme began with Yaj and Yajmaan was Pundit Justice Devendra Pathik family. It was also Pundit Pathik ji's birthday. The Yaj was conducted by Pundita Usha Rai "Arya Ratna". The Yaj concluded with Yaj geet by Soneel and Ravneel Deo. After the Yaj Pundit Devendra Pathik ji was given flowers on his birthday, by children.

The official programme started with welcome by President of APSQ Shri Jitendra Deo. Jitendra ji spoke on seniors' week, and thanked all the seniors present for accepting the invite and attending. He also said that the theme is so relevant with today's programme, Make Connection-share your story. President also wished Pundit Devendra Pathik ji on his birthday, and thanked him for being so active and being Patron of the Sabha. Shrimati Prabha Mishra spoke on behalf of President of Indian Senior Citizens Association, Shri Tirat Achal ji. She thanked Sabha for taking such an initiative regarding seniors and wished the seniors all the best. Shri Raymond Saran, President of Fiji Senior Citizens Association of Queensland addressed the audience and briefed about events of their association, and thanked Sabha for the invitation.

The Bhajans formed the last part of the programme, and Yuva Dal members Keshav Chand, Kunal Chand, Soneel Deo, Ravneel Deo, and Vijendra Ray presented Bhajans. Master Lalta Prasad presented a very well written song regarding the celebration. Bhajans were also sung by guests present. Shri Sukarm Pal Singh Ji, briefly spoke on seniors' week and moved vote of thanks. The programme concluded with the lunch.

Havan Yaj at Queensland Vedic Cultural Centre– 198 Learoyd Rd, Willawong, Qld



Mr & Mrs Pathak family performed the Yaj at QVCC on August 2. Pta Ramkali Singh "Arya Ratna" performed the Yaj. Bhajans and Parvachans formed the part of Satsangh. Shri Sukarm Pal Singh spoke on values of Arya Samaj and principle of Arya Samaj. The refreshments were provided by the family.



Mr & Mrs Pravin Kumar family performed the Yaj at QVCC on August 9. Mrs Sushila Pathik ji performed the Yaj. Bhajans and Parvachans formed the part of Satsangh. Interesting articles are read by Shanjeshni Deo from a book and share by all. Shri Sukarm Pal Singh spoke on values and principles of Arya Samaj, discussion took place as well. Its great to see so many people turn up each week for Satsanghs. The Satsangh was very well attended. Refreshment was provided by the family.



Havan Yaj at Queensland Vedic Cultural Centre– 198 Learoyd Rd, Willawong, Qld



Pt Devendra & Mrs Sushila Pathik family performed the Yaj at QVCC on August 16. Pta Usha Rai "Arya Ratna" conducted the Yaj. Bhajans and Parvachans formed the part of Satsangh. The Yaj was also held for celebration of seniors week. The programme was very well attended.



Pt Justice Devendra Pathik "Arya Ratna" receives flowers from children during the celebrations. It was Pundit ji's 85th birthday on the same day as the seniors lunch celebrations. Sabha is so proud to celebrate our Patron Pundit Pathik ji's birthday and seniors week celebration together. The function was very well attended by both the senior citizens associations members and Sabha members.

Seniors Lunch and Pundit Devendra Pathik Jis Birthday celebration on August 16 at QVCC



Havan Yaj at Queensland Vedic Cultural Centre— 198 Learoyd Rd, Willawong, Qld



Mr & Mrs Danny Singh family performed the Yaj at QVCC on August 30. Pta Usha Rai ji conducted the Yaj. We were privileged to have Professor Singh amongst us and he spoke about Yaj and its significance. We also had Shri Vijay Kumar, Shri Aditya kumar and group who presented very nice Bhajans. Mrs Lila Pratap who is President of Damini Women's Association spoke on the project they have undertaken and informed about upcoming function for raising funds for their project. Refreshment was provided by the family.



Preparation of vegetable garden—getting ready for planting season, land at the back of the property.

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Havan Yaj at Queensland Vedic Cultural Centre– 198 Learoyd Rd, Willawong, Qld

The Sabha is grateful to the following donors. The donations keep the centre operating as there are costs involved in maintaining the property as well other fees and charges which are charged by councils and government. Our hearty thanks to all members and well wishers for continuous support.

Thanks to following members who have donated chairs, tables and garden tools. Mr Virendra Singh -garden tools, Mr Roy Premsagar , Mr Rajesh Chand, Mr & Mrs Anil Karan, Mrs Latchmi Singh, Pt Devendra & Mrs Sushila Pathik, Mr Pathak -Tables and chairs. Mr & Mrs Jitendra Deo -2 Makki (temporary shelter).

	JULY 2015	TOTAL	\$602.00
05/07/2015	For chairs	Mrs Kaushikya Kumar	\$50.00
05/07/2015	Yaj donation	Mr & Mrs Dhruv Deo	\$70.00
12/07/2015		Mr Rohit Kumar	\$60.00
12/07/2015	Yaj donation	Mr & Mrs Jitendra Deo	\$133.00
19/07/2015	Yaj donation	Mr & Mrs Vijendra Ray	\$164.00
26/07/2015		Mrs Urmila Arya	\$25.00
26/07/2015	Yaj donation	Mr & Mrs Sunil Dutt	\$100.00
	AUGUST 2015	TOTAL	\$4752.00
02/08/2015		Mr & Mrs Virendra Singh	\$2500.00
02/08/2015	For 10 Chairs	Mr & Mrs Anil Karan	\$80.00
02/08/2015	For 10 chairs	Pt Devendra & Mrs Sushila Pathik	\$80.00
2/08/2015	For table	Mrs Latchmi Singh	\$40.00
2/08/2015	For tables	Mr Rajesh Chand family	\$78.00
2/08/2015	Yaj donation	Mr & Mrs Pathak & Family	\$295.00
9/08/2015		Ms Premela Pathik	\$100.00
9/08/2015	Yaj donation	Mr Praveen & Mrs Kamini Kumar	\$127.00
16/08/2015		Gupt Dhaan	\$100.00
16/08/2015		Pt Devendra & Mrs Sushila Pathik	\$151.00
16/08/2015		Mrs Mohan	\$20.00
16/08/2015		Mrs Hari Prasad	\$20.00
16/08/2015		Mr & Mrs Sumer	\$100.00
16/08/2015		Mr & Mrs Amar Lala	\$110.00
16/08/2015	Yaj donation	Seniors Week Celebration	\$270.00
16/08/2015		Gupt Dhaan	\$501.00
23/08/15	Yaj donation	Sabha members	\$50.00
30/08/15	Yaj donation	Mr & Mrs Danny Singh	\$130.00

Prayer

Prarthana means prayer to God to be our guide. Prayer is asking for God's inspiration and help so that we may gain spiritual knowledge, wisdom, strength and determination to acquire virtuous qualities in ourselves as well as live a virtuous life, learn humility and with our abilities help fellow human beings. After making one's best effort, it is asking God, the Universal Benefactor, for His blessings so our requests are fulfilled. Praying teaches us humility and reminds us that we are not all powerful like God. It also helps us acknowledge our limitations and our arrogance so that we learn where we need to improve. Praying also reminds us of our moral duties (dharma) both to ourselves and to others and further shows us that we should seek God's counsel first and then that of our fellow humans, not the other way around.

The following Veda mantra is an example of prayer to God : ***Tayjo asi tayjo mayi dayhi, viryam asi veeryam mayi dayhi, Balam asi balam mayi dayhi, ojo asi ojo mayi dayhi, Manyur asi manyur mayi dayhi, saho asi saho mayi dayhi.*** (Yajur Veda 19 : 9) This mantra describes six of God's attributes and is a prayer to God to help us acquire at least elements of some of the same attributes in our lives. The mantra starts by stating that God is the Radiance that enlightens everybody because He is the source of all knowledge that is known by truth. God is the Supreme Light that leads us forward in our life, towards brightness and away from ignorance and darkness. After acknowledging that God is the Supreme Radiance, we pray for radiance in our own lives also. Similarly in this mantra, God is addressed as the Almighty and the storehouse of Infinite Strength, Vigour and Vitality, Courage and Fortitude followed by prayer that we may also acquire an element of the same attributes in our lives.

When we pray to God, or ask God for something, it is not a passive request. When we ask for God's grace and also make an active commitment to change our life, we become deserving of God's gifts. Giving is God's attribute and He gives all of us what we deserve based upon our karma. When we pray, our actions should not contradict our prayers. A person praying for good health is not expected to eat six doughnuts and/or drink six beers daily. Moreover, if we ask God to give us something (i.e. share with us), then we must be willing to share what we have with those who are less fortunate.

Lastly, as acknowledged in this mantra, God is the Foremost Power and we should only ask Him when we need something. We should, therefore, not seek protection or shelter from those who seem to be powerful but are actually quite vulnerable themselves. Such shelter or protection from other humans, in the long haul is doomed to failure. Therefore, one must first and foremost ask God, the Giver of all givers with humility and generosity. An advanced aspirant who has completely surrendered to God does not ask anything for himself or herself but only for the welfare of others. Such aspirants leave the responsibility of their welfare, shelter and protection to God and trust that God will meet their needs one way or another.

There are a few things one should remember about praying:

- One must never pray for impossible things (such as asking that the sun rise in the West). It is wrong to test God.
- One must never pray for the harm or the destruction of others just because we disagree with them but it is wise to ask God's help and grace when one is fighting for truth and righteous causes.
- As stated above one should never pray for help without first having made one's best effort. Prayer is not a substitute for action (karma). God helps those who help themselves.
- Prayer does not mean chanting God's name over and over but requires one to make an improvement in his/her character and conduct of life. Prayer is also a time for self-reflection and to think about whether or not one has become more virtuous by discarding personal vices. Without an attempt to change one's life, prayer is not only useless but also hypocritical.
- One must pray for oneself and not ask a priest to pray on one's behalf. The role of a priest is that of a teacher, guide and confidante to help a person understand the spiritual aspects of life and to teach someone how to pray and meditate.
- While one should not ask others to pray on one's behalf, it is perfectly appropriate to pray for the well-being of others, nation and the universe. It is a generous and unselfish gesture and may include praying for wisdom for your enemy so that the two of you may reconcile your differences.

Summarising above, one prays not only for one's personal spiritual, mental and physical welfare but also for that of others, extending one's requests to all mankind and nature as well. Most of the prayers in the Vedas are for "us" rather than for "me," with great deal of emphasis on being generous and giving to others because this allows one to receive God's blessings.

Havan Yaj dates at Queensland Vedic Cultural Centre 198 Learoyd Road Willawong 4110.

September Dates: Annual General Meeting on September 13 after Danik Yaj

September 6; September 13; September 20; September 27

Time: starting at 2 pm and finishing at 4pm