

#### What is Arya Samaj?

Arya Samaj founded by Maharishi Dayanand Saraswati is an institution based on the teachings of Vedas for the welfare of universe. It propagates the universal doctrines of humanity.

It is neither a religion nor a sect.

### ARYAN VOICE

**YEAR 38** 

9/2016-17

MONTHLY

September 2016

### Gayatri Maha YajnaSunday 18th September 2016

(for detailed information see page 19)

Vedic Vivah Mela (Matrimonial get together)
 Saturday 12<sup>th</sup> November 2016.
 Book your place NOW....!

(For detailed information see page 16&17)

• Diwali – Saturday 29th October 2016 (For detailed information see page 19)

ARYA SAMAJ (Vedic Mission) WEST MIDLANDS (Charity Registration No. 1156785) 188 INKERMAN STREET (OFF ERSKINE STREET), NECHELLS, BIRMINGHAM, B7 4SA Tel: 0121 359 7727

E-mail- enquiries@arya-samaj.org Website: www.arya-samaj.org

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For General and Matrimonial Enquiries
Please Ring
Miss Raji (Rajashree) Chauhan (Office Manager)
Monday to Friday between: - 2.30pm to 6.30pm,
Wednesday: - 11.00am to 1.00pm.
Bank Holidays – Closed - Tel. 0121 359 7727
E-mail- enquiries@arya-samaj.org

#### 10 Principles of Arya Samaj

- 1. God is the primary source of all true knowledge and all that is known by its means. (At the beginning of creation, nearly 2 Billion years ago, God gave the knowledge of 4 Vedas to four learned Rishis named Agni, Vayu, Aditya and Angira. Four Vedas called Rigved, Yajurved, Samved and Atharva Ved contain all true knowledge, spiritual and scientific, known to the world.)
- 2. God is existent, intelligent and blissful. He is formless, omnipotent, just, merciful, unborn, infinite, invariable (unchangeable), having no beginning, matchless (unparalleled), the support of all, the master of all, omnipresent, omniscient, ever young (imperishable), immortal, fearless, eternal, holy and creator of universe. To him alone worship is due.
- 3. Vedas are the scripture of all true knowledge. It is paramount duty of all Aryan to read them, teach and recite them to others.
- 4. All human beings should always be ready to accept the truth and give up untruth.
- 5. All our actions should be according to the principles of Dharma i.e. after differentiating right from wrong.
- 6. The primary aim of Arya Samaj is to do good to the human beings of whole world i.e. to its physical, spiritual and social welfare.
- 7. All human beings ought to be treated with love, justice and according to their merits as dictated by Dharma.
- 8. We should all promote knowledge (Vidya) and dispel ignorance (Avidya).
- 9. One should not be content with one's own welfare alone but should look for one's welfare in the welfare of all others.
- 10. In matters which affect the well being of all people an individual should subordinate any personal rights that are in conflict with the wishes of the majority. In matters that affect him/her alone he/she is free to exercise his/her human rights.

#### **Act Fast**

वातरंहा भव वाजिन्युज्यमान इन्द्रस्य याहि प्रसवे मनोजवाः । युञ्जन्तु त्वा मरुतो विश्ववेदस आ ते त्वष्टा पत्सु जवं दधातु ॥ अथर्व वेद ६.९२.१

Vaataranha bhava vajin yujyamaana indrasya yahi prasave manojavah l yunjantu tva marutovisvavedas a te tvasta patsu javam dadhatu ll

Atharva Veda 6.92.1

#### **Meaning in Text Order**

vataranhah = swift like wind

Bhava = be

Vajin = the soul

Yujemanah = being active

Indrasya = God

Yahi = act

**Prasave** = in discipline

Manojavah = with quickness of mind

Yunjantu = fix you in noble actions

Tva = to you

Marutah = wise men

Visvavedasah = master of knowledge

Te = your

**Tvasta** = creator of universe

Patsu = in the feet

Javam = speed

Aa dadhatu = provide.

#### **Meaning**

O soul! Acquire inspiration from God, follow the guidance of wise men, follow the code of discipline. Become mentally strong and act swiftly.

#### **Contemplation**

In this mantra the word Vajim means "horse" The horse cannot be a master of knowledge therefore here the indication is a metaphor for the soul. The Vedas inspire the soul which also has a body. O soul! You are gifted with a body to be physically active. If you act slowly, you will not be able to accomplish many desired noble tasks. Therefore act fast like the air. Hurry up, do it quickly! This body is momentary and transitory. Time runs very fast and there is always a shortage of time.

The speed of the mind is faster than air. In moments it travels thousands of miles. Therefore the speed of mind should be your ideal. It is not only the speed you have to care about, you have to be disciplined. Therefore you should act in the discipline of God. Indra is lustrous and if you follow his example, you will also become lustrous. Wise men take inspiration from Indra and they will guide you to noble deeds. They will preach the noble deeds according to the dictate of the Vedas. They will explain to you the difference between the path of spiritualism and the path of materialism and finally they will guide you to follow the path of spiritualism.

Follow their instructions and be disciplined. Then God will inspire you with speed. In this mantra the foot is the symbol of all means. Your mind, intellect, vital breath and all senses will work fast and you will soon reach your destination. No human being acts faster than air or mind. The theme of the mantra is that a life span is very short. Your actions must be quick and disciplined. Discipline is of the utmost important in life.

O my soul! Run fast and with the speed of air, with the speed of mind.

By Krishan Chopra

### SACRAMENT (SANSKAR 2)

Sacraments are the cornerstone for the development of character and personality of a human being. In order to develop a cultured, disciplined and a healthy body, intellect and soul a Shlok quoted by Maharishi Dayanand Saraswati from Manusmriti is very important to mention here.

``Adbhirgaatraani shudhyanti manah satyen shudhyati | Vidhjyaatapobhyaam bhootaatmaa budhirjyaanena shudhyati"

अद्भिर्गात्राणि शुध्यन्ति, मनः सत्येन शुध्यति । विद्यातपोभ्यां भूतात्मा, वुद्धिर्ज्ञानेन शुध्यति ॥ स.प्र. द्वितीय समुल्लास.

The Human body is cleaned with water and Mind is purified by true behaviour of a human being. Education and meditation help to clean the soul which resides in a human body. The Mind of a human being is cleaned with help of true knowledge. In order to achieve this, the parents and teachers of a child have to be alert all the time. It is only with continuous efforts by parents and teachers a child may achieve these qualities.

"Drishtipootam nyasetpaadam vastrapootam jalam pibet | Satyapootaam vadedvaacham, manahpootam samaacharet

||"

दृष्टिपूतं न्यसेत्पादं वस्त्रपूतं जलं पिबेत्। सत्यपूतां वदेद्वाचं, मनःपूतं समाचरेत्॥ मनु. ६.४६

Try to teach your children to look carefully when they are walking, to drink clean water, to speak the truth loudly and to behave and

practice in day to day life with a pure mind and intention. This teaching applies to adults as well. In reality an individual human being takes in his/her subtle body all kinds of mental impressions of good and bad attributes/qualities.

There are 17 elements in a subtle body. Out of these there are 5 elements known as breath (Pran), flatus coming out of Anus (Apan), speech coming out of combination of breath and flatus (Vyan), functioning Brain (Udan), and an area between Heart and Upper Abdomen (Saman).

The other 5 elements are Cognitive senses (Gyanendria) Eyes, Ears, Nostrils, Tongue and Skin. The next 5 elements are functions of 5 cognitive senses like sight, taste, smell, hearing and touch. The remaining 2 elements are Mind and Soul.

Now we can understand the applications of above 17 elements as following.

Whenever we as adult do something in front of children they copy our actions. The parents and teachers are the role models of children. It is only natural that children do copy the actions of adults. This is where the training of children starts. This responsibility of training the children naturally belongs to parents and teachers mainly.

It is definite that a foetus developing in the uterus of its mother is affected by every action of its mother. The foetus is affected by the actions of eating food, spoken languages and the mental status of his/her mother. This is why a pregnant mother is advised and told to eat a balanced and nutritious food, to follow a healthy day to day living, to be happy and stay free of any anxiety and to read true Vedic literature and healthy magazines, to stay in company of good people, to do Havan and Yoga and to do every thing which she thinks will be good for her baby developing in her womb. The

mother should decide what she wants her baby to be and then act accordingly to influence her.

Considering all the above things three sacraments are performed even before the birth of a child like

- 1. Sacrament of Impregnation.
- 2. Punsvan
- 3. Simantonnayan.

The sacrament of Impregnation is performed prior to a wife becomes pregnant. Sacrament of Punsvan is performed in the 2nd or 3rd month of pregnancy when it is known that pregnancy is assured. This sacrament is mainly for protection of pregnancy.

Simantonnyan sacraments makes the mind of pregnant woman healthy and contented, conception firm and noble and grow day by day.

Thus the above 3 sacraments of impregnation, for protection of conceived foetus and future development of the foetus should be performed properly as written in our Vedas. These sacraments are in accordance with the teachings of Vedas and knowledge of Science.

For good children we have to perform above 3 Sacraments.

#### Written by Acharya ji Dr Umesh Yadav in Hindi and Translated by Dr Narendra Kumar in English

#### अध्यात्म के शिखर पर आचार्य उमेश डॉ. यादव

ऋचोऽक्षरे परमे व्योमन्यस्मिन्देवा अधि विश्वे निषेदुः । यस्तन्न वेद किमृचा करिष्यति य इत्तद्विद्स्त इमे समांस्ते ॥ ऋग्वेद १.१६४.३९

वेदों में एक ही ईश्वर की बात कही है। एक ही जो कभी नष्ट नहीं होता, सर्वश्रेष्ट और सर्वव्यापक है जिसमें सब जगत का वास है, कोई मनुष्य उसे न जाने तो ऋचा (वेद) क्या करेगी अर्थात्ऋचाओं के अनुसार इस रूप में जो कोई उसे जाने जिस रूप में वह है, तभी ये सारी ऋचायें सार्थक होगीं। यह तो स्पष्ट जाने कि वेद-ज्ञान हमें ईश्वर के बारे में बताता तो है पर हम स्वयं अगर वेद-ज्ञान अर्जन न करें, अथवा वेद-ज्ञान पाकर भी न सम्भलें तो वेद का कोई दोष नहीं है। इसलिये हमें जागना होगा और जानने का भी सतत्प्रयत्न करना होगा।

ईशावास्यमिदं सर्वं यत्किञ्च जगत्यां जगत्। तेन त्यक्तेन भूञ्जीथा मा गृधः कस्यस्विद्धनम्॥ यजुर्वेद ४०.१

यह सर्व जगत्ईश्वराधीन है। वह ईश्वर सबका नियन्ता है। अतः हे मनुष्यों, अन्याय को छोड़कर न्याय पथ पर चल और त्याग से भोग, किसी के धन की लालच मत कर। कर्मानुसार सुख-दुःख की प्राप्ति ही तो "कर्मसिद्धान्त" है; इसमें विश्वास करके हमें सदा सन्मार्ग का ही वरण करना चाहिये।

अहम्भुवं वसुनः पूर्व्यस्पितरहं धनानि सं जयामि शाश्वतः । मां हवन्ते पितरं न जन्तवोऽहं दाशुषे विभजामि भोजनम्॥ ऋग्वेद १०.४८.१ परमात्मा सब जीवों को स्वयं आदेश/उपदेश करते हैं कि हे जीवों, मैं ही सम्पूर्ण जगत का स्वामी हूँ तथा शाश्वतरुप से जगत का निर्माण कर सब धनों पर विजय पाते हुये सब प्राणी मात्र को धनादि सब साधन देनेवाला हूँ । सब जीव मुझे ही जैसे सब संतानें अपने पिता को पुकारती हैं, वैसे ही पुकारें । मैं ही सबको सुख देता हुआ उन के पालन के लिये नानाविध भोजनों का भी विभाग करता हूँ ।

# Annual report (2015/2016) from The Board of Trustee presented by Secretary Dr Arvind Sharma for the AGM on 31st July 2016 held at Arva Samaj (Vedic Mission) West Midlands, Birmingham

Last year has been a year of further consolidation. We have continued to hold various functions with better attendances and there has been positive feeling among its members looking forward to a better future. Recently there has been new development in Dr Harish Chandra's case that has potential of developing into significant financial strain on Arya Samaj's finances.

#### **HS2:**

As members are aware that Arya Samaj building is under compulsory purchase order by the department of transport because of new high-speed train project. One building was suggested in the New Aston area. Members of the board of trustees went to view the building along with HS2 representatives but it was found not suitable for Arya Samaj. Hence it was rejected. No other proposal has been made by HS2. The aim is to find a place near our community so that we can serve our community better. Board will continue working towards this aim.

#### **DAV Primary School in Handsworth:**

As you know Arya Samaj has been looking at the possibility of starting DAV primary school for Hindu Community in Handsworth area. In this regard members of Educational subcommittee has been working. Members of Educational subcommittee are Dr Narendra Kumar, Mrs Vimla Dodd, Mrs Brij Duggal, Mr Sailesh Joshi, Anuradha Gupta, Harish Malhotra, Rajesh Salota, Sanjive Mahandru and Acharya Umesh Yadav. An application was submitted to NSN and some members of Educational subcommittee went for interview but unfortunately it was rejected. We were advised that we must have a head or deputy head teacher in the committee, which so far we

have not been able to find. It has been decided that until we don't have a head teacher as part of the team there is no point in working on the application.

#### Dr Harish Chandra's Case:

As members know that Dr Harish Chandra brought case against Dr V Mayor and then EC members for wrongful dismissal, which was settled in favour of Harish Chandra. Dr Mayor has now gone to the court to ask for contribution from Ex EC members for Harish Chandra's settlement and legal expenses. Now then EC members as well as Dr Mayor have asked the court to include Arya Samaj as defendant so as to contribute towards the expenses. There was a court hearing about this on 27<sup>th</sup> May and 1<sup>st</sup> of June and judgment is still awaited. Very little time was given to Arya Samaj to prepare the defence against this move. If judge decides that Arya Samaj should be a party for the payment of the settlement and legal expenses then there will be further hearing to decide how much or how little Arya Samaj should pay. In the meantime board of Trustees is trying to settle the matter out of court before the judgment so as to avoid further legal expenses. So far Arya Samaj has incurred about £8900 on legal expenses.

On 19th July 2016 Judge Purle dismissed the application of Dr. V. Mayor and 10 Ex Executive Committee members to join Arya Samaj West Midlands as a defendant in the court case of Dr. H. Chandra. Arya Samaj West Midlands also recovered £8190.64 cost paid to solicitors and Barristers.

#### **Sponsored Yajmans:**

Total sponsored Yajmans for Sunday Havans in the last 12 months were 35. There has been stability in the numbers of sponsored Yajmans this year. We hope there would be further increase in sponsored Havans next year.

#### Sanskars performed by Acharyaji:

Acharyaji performed 48 sanskars in the last 12 months. These included marriage ceremonies, birthday Havans, general Havans and other occasions. The number of Havans performed has been stable. The donation received for these sanskars is £4048. This is almost £400 more than last year and has been a welcome contribution towards Arya Samsaj.

Last year Arya Samaj organised 12 functions on various themes. Report on some of the functions is as below:

#### Republic day celebration:

The celebrations were held on 31<sup>st</sup> January. More than 100 members attended the function. Consul General of India at Birmingham was the chief guest. There was usual mix of songs, dance performance and speeches by different guests.

#### **Independence Day celebrations:**

Independence Day of India was celebrated on 16<sup>th</sup> of August. Consul General of India was chief guest. More than 150 members attended the celebrations. Food was sponsor by Mr J P Sethi. There were mix of speeches, poems, songs and recitation of mantra by the Acharya from India who was visiting Arya Samaj at that time.

#### Gayatri Maha Yajna:

Annual Maha Yajna was held on 6<sup>th</sup> Sept. More than 150 people attended it. As ever it was well organised and well run event with Havans performed under guidance of Acharya ji. Every one appreciated the event.

#### Diwali celebrations and charity dinner:

Arya Samaj celebrated Diwali and also held charity dinner on 8<sup>th</sup> Nov at Arya Samaj Bhawan.

About 240 people attended the dinner. Shankar Sweet Centre sponsored the food and event was also supported by Britannic Warehouse that provided raffle prizes. Music was provided by live band which was well appreciated. We were able to save more that £3000 from this event. My thanks to all those who worked hard to make this charity dinner a success.

#### **Ved Katha Week:**

Ved katha was organised from 29<sup>th</sup> August to 5<sup>th</sup> Sept.. There was a Bhajnoupdeshak from India who complimented Achary ji during the week. On the last day of the katha week Arya Samaj also celebrated Shri Krishna Janamashtmi.

#### **Matrimonial get together:**

It was held on 19<sup>th</sup> September 2015 at Arya Samaj Bhavan. It was a successful get together attended by about 50 participants. By the end of the event there have been quite a few interests shown between the participants. There was good feedback and all the participants were happy with the format and support during the event. We will endure to continue such events.

In addition to above functions Arya Samaj also celebrated Rishi Both Utsav, Arya Samaj foundation day, Dussehra, special satsang for university students, and Shri Krishna Janamashtmi.

The above is the short summary of functions and developments in the last 12 months. It is only a snap shot and by no means the only work done. We could not have run Arya Samaj and various functions without unquestioned support from regular members and volunteers who are keeping this mission active and dynamic. I would like to take this opportunity to thank all those unsung heroes who devoted their time and efforts to make last year a successful one and I hope Arya Samaj will continue getting their enthusiastic support in the future.

### Arya Samaj (Vedic Mission) West Midlands (Registered CIO - Charity Number 1156785)

188, Inkerman Street, Nechells, Birmingham, B7 4SA, United Kingdom Tel: 0121 359 7727; Email: enquiries@arya-samaj.org; Website: www.arya-samaj.org

#### INCOME and EXPENSES A/C

for

#### Period 1st April 2015 to 31st March 2016

	20	15	20	16
Income			***************************************	
Donations	£19,489		£23,872	
Diwali Event	£4,000		£5,436	
Aryan Voice, Book sale, Misc etc.	£125		£1,010	
Vedic Marriage Sacrament Activities	£22,180		£20,285	
Membership Subscriptions	£1,550		£1,551	
Tax Refund - HMRC	£8,202		£5,939	
Hall Hire charges	£3,910	***************************************	£3,131	***************************************
Nepal Donation	£0		£1,688	***************************************
Interest Received	£6,008		£1,825	
		£65,463	***************************************	£64,738
LESS				
Expenses				
Aryan Voice Publication	£4,135		£3,296	
Bank charges	£306		£233	
Cleaning, Equipment Maintenance etc.	£792		£758	
Dakshina Paid	£152		£102	
DAV Expenses	£0		£475	
FOOD & DRINKS	£8,709		£6,913	
HEAT & LIGHT	£3,446		£5,873	
INSURANCE	£1,648		£1,747	
Legal costs	£1,895		£0	
Diwali and VVM Exp	£816		£3,935	
Nepal Donation	£0		£3,000	
POSTAGE	£2,920		£2,010	
VVM Event Expenses	£0		£0	
Repairs and Maintenance	£3,816		£1,605	
Salary and NI including Travel	£19,173		£19,365	
Sermons on Radio	£1,100		£1,200	
Stationary and Printing	£429		£482	
Telephone	£448		£609	
Water Rates	£1,965		£552	
Depreciation	£1,185		£1,078	
Total		£52,934		£53,232
Nett Profit / Income		£12,529		£11,506
Nett Front / income		£12,329		£11,300

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188, Inkerman Street, Nechells, Birmingham, B7 4SA, United Kingdom el: 0121 359 7727; Email: enquiries@arya-samaj.org; Website: www.arya-samaj.org

#### Statement of Assets and Liabilities

as at

#### 31st March 2016

				_
	201	15	201	6
Fixed Assets				
Land and Building	£104,964		£104,964	
Furniture, Fittings and Equipment	£9,610		£8,682	
		£114,574		£113,646
Current Assets				
Cash in Hand	£232		£14	
Accrued HMRC Refund	£0		£5,939	
Bank Current Account	£18,045		£10,427	
Bank Term Deposit Account	£56,000		£67,824	
		£74,277		£84,205
TOTAL		£188,851		£197,851
LESS				
Current Liabilities				
ACCRUALS	£4,582		£2,076	***************************************
Total		£4,582		£2,076
Nett Current ASSETS		£184,269		£195,775
Represented by:				
RESERVES				
Accumulated Funds B/F	£171,740		£184,269	
Nett SURPLUS / DEFICIT for the year	£12,529		£11,506	
Closing Balance		£184,269		£195,775

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### <u>VEDIC VIVAH MELA (Matrmonial Get Together)</u> <u>2015</u>

Date: Saturday 12th November 2016

**Venue:** Arya Samaj West Midlands, Erskine Street, Nechells, Birmingham B7 4SA (Road Map available on our Website)

www.arya-samaj.org

**Time:** 11.30am – 5pm

Cost: £25.00 per applicant. NO GUESTS

**Buffet:** Vegetarian meal included with soft drinks (no alcohol will be allowed or served)

#### How will it work?

We will have registration, welcome drink, light snacks and mingling.

**Speed dating** - Members will meet each other for a period of 3 to 4 minutes, during which you will be able to chat and find out about each other. (If you like the person, make a note of their ref number on the packs given on the day and we will send you there information by email). When the time is up, a bell will sound; you will change partner and repeat the process.

Once the speed dating is over, late lunch will be served and everyone is free to mingle some more before the end of the event.

We will explain the above and other details of the event on the day.

#### What you need to do now?

This Get-together is strictly for Arya samaj west Midlands registered matrimonial service candidates only. So if you are not registered as yet and wish to benefit from this event where you can meet personally a number of prospective partners hurry up and join. Forms are available on our website www.arya-samaj.org. Or tel. 0121 359 7727

Please send your application forms well before the day of the event because it is first come first served basis. (**Please see enclosed application forms. They can also be found on the website or by calling the office).** For the smooth running of the event, all the information must be processed and the paper work completed for the participants on their arrival. Applications received after 1st November 2016, would not be entertained. But please do not wait till the last date. It might be too late.

Sorry at this event we are not allowing guest. If you bring someone with you on the day they will be refused entry.

Please send application forms and cheques made payable to 'Arya Samaj West Midlands. (Applicants £25) with a self addressed stamped envelope to Arya Samaj West Midlands, Erskine Street, Nechells, Birmingham B7 4SA. You will be sent confirmation by post and email. You will have to bring this with you on the day or no entry will be allowed. Regrettably no entry will be available on the day, so please register in advance.. If you come on the day without an entry confirmation it would be a wasted journey.

So what are you waiting for? Look no further and think no further! Send in your application forms and cheque today!

We look forward to welcoming you to the event where you have the prospect of meeting that special SOMEONE!!

### **List of Festivals for year 2016**

Festival	Actual Date of	Date for celebration
	Festival	in Arya Samaj
Republic Day of	Tuesday 26th	Sunday 31st
India	January	January.
Rishi Bodh Utsav	Monday 7th March	Sunday 6th March
Holi	Thursday 24th	Sunday 27th March.
	March	
Arya Samaj	Sunday 10th April	Sunday 10th April
Foundation Day		
Ram Navmi	Friday 15th April	Sunday 17th April.
<b>Annual General</b>	N/A	Sunday 31st July
Meeting		
Ved Katha (8 days)	N/A	From Thursday
		18th August till
		Thursday 25th
		August
Raksha Bandhan	Thursday 18th	Sunday 21st August
	August	
<b>Independence Day of</b>	Monday 15th August	Sunday 21st August.
India		
Shri Krishna	Thursday 25th	Thursday 25th
Janmasthmi	August	August
Special Satsang for	N/A	Sunday 4th
<b>University Students</b>		September
Gayatri Maha Yajna	N/A	Sunday 18th
		September
Dasahahara	Tuesday 11th	Sunday 16th
	October	October
Diwali	Sunday 30th October	Saturday 29th
		October

#### **Event Information**

#### Gayatri Maha Yajna

This auspicious Yajna will be held on Sunday 18<sup>th</sup> September 2016 in our Bhavan The programme will start from 11am and finish by 1.30pm. Rishi Langer will be served afterwards.

We invite people to get in touch with our Acharya ji in order to book a place for being Yajman on that day, either by phoning 0121 359 7727 or emailing on <a href="mailto:enquiries@arya-samaj.org">enquiries@arya-samaj.org</a>

#### **Vedic Vivah Mela**

(Matrimonial get together)
Saturday 12th November 2016 in our Bhavan
Book your place NOW....!

(For detailed information see page 16&17 or Call the office if you have any questions 0121 359 7727)

#### <u>Diwali</u>

Saturday 29<sup>th</sup> October 2016 at our Arya Samaj Bhavan. 6pm onwards This is a free event, but for catering purposes, please book your place by calling – 0121 359 7727

#### **News**

 On 19th July 2016 Judge Purle dismissed the application of Dr. V. Mayor and 10 Ex Executive Committee members to join Arya Samaj West Midlands as a defendant in the court case of Dr. H. Chandra. Arya Samaj West Midlands also recovered £8190.64 cost paid to solicitors and Barristers.

#### **Congratulations:**

- Dr Umesh and Mrs Subhas Kathuria and family for performing Annaprasan Sanskar for their younger granddaughter Ruby. They became Yajman and sponsored Rishi Langar on Sunday 24<sup>th</sup> July 2016.
- Mr Paul and Mrs Renu Nischal for grandson Shivesh's Mundan Sanskar. S/o Mr Umesh and Mrs Nisha Nischal. This Sanskar was performed in Arya Samaj WM at Sirmon-Time on Sunday 31st July2016.
- Mrs Vimla Dodd and family for birthday wish havan for their son Vikram Dodd in Arva Samaj on Sunday 7<sup>th</sup> August 2016.
- Mr Harish and Mrs Gayatri Malhotra for Havan at Arya Samaj on Sunday 14<sup>th</sup> August 2016 for the blessing of their son Monish getting married with Clair. They provided Rishi Langar as well.
- Mr Joginder Pal and Mrs Santosh Sethi Sposored Yajman on Sunday 21<sup>st</sup> August 2016 in Arya Samaj Bhavan for Indian Independence Day Celebration.

#### **Donations to Arya Samaj West Midlands**

Mrs Sudesh Bhandari

£1000

• Mr Prem Nanda

£40

Dr Umesh Kathuria	£101
Mrs Asha Verma	£16
Mr S.P Datta	£11
Dr Chetan Verma	£51
Mrs Vimla Dodd - (including Rishi-Langar)	£186
Mr Harish Malhotra (including Rishi-Langar)	£1001
Mr Joginder Pal Sethi - (including Rishi-Langar )	£686
Mr M.M Sharma	£11
<ul> <li>Donations to Arya Samaj West Midland through the I</li> <li>Mr Prem Kharbanda - havan in sweet memory of his b wife Late Mrs Kanta Kharbanda on her 1st death anni</li> </ul>	eloved
Mr Karan Kapur - havan for family-prosperity)	£50
• Gupt – Dan	£51
Mrs Rampal Uma joshi - havan for peace of mind	£50
Mr Pulkit Ahuja - havan in sweet memory of his	

£251

Mr Paul Nischal

Many congratulations to all above mentioned families who have had auspicious havan at their residences on different occasions or Sunday Vedic Satsangs in Arya Samaj Bhavan.

#### Thank you for all your Donations!

## Please contact Acharya Dr Umeh Yadav on 0121 359 7727 for more information on

- Member or non member wishing to be a Yajman in the Sunday congregation to celebrate an occasion or to remember a departed dear one.
- Have Havan, sankars, naming, munden, weddings and Ved Path etc performed at home.
- Our premises are licensed for the civil marriage ceremony.
- Please join in the Social group at Arya Samaj West Midlands every Wednesday from 11am. Emphasis is on keeping healthy and fit with yoga and Pranayam. Hot vegetarian Lunch is provided at 1pm.
- Ved Prachar by our learned Priest Dr Umesh Yadav on Radio XL 7 to 8 am, first Sunday of the month. Next 4th September 2016 & 2nd October 2016.

Every effort has been taken that information given is correct and complete. But if any mistake is spotted please inform the office.

0121 359 7727

E-mail- <u>enquiries@arya-samaj.org</u> Website: <u>www.arya-samaj.org</u>

### <u>TRUSTEES</u>

**2016** 

The new Trustees elected at the AGM held on 31st July 2016 for Arya Samaj West Midlands are: -

Dr Narendra Kumar – Chairman

Mrs Brij Bala Duggal – Secretary

Mr Ravinder Renukunta - Treasurer

Dr Umesh Chandra Kathuria

Mr Shailesh Joshi

Mr Krishan Chopra

Mrs Vimla Dodd

#### FOOD COLLECTION

Please give generously so that during Diwali we can Help **Needy People/Charities.** 

#### Non-perishable foods

- Canned proteins such as peanut butter, peanuts etc.
- Grains (pasta, whole wheat pasta, rice, brown rice, macaroni and cheese)
- Condiments (salt; sugar (brown))
- Low sodium/ No salt added canned vegetables (mixed, green beans, corn)
- Beans: black, pink, kidney, etc.
- Soups (E.g. Tomato)
- Multigrain cereal (Cheerios, Corn Flakes etc.)

"There are people in the world so hungry that God cannot appear to them except in the form of bread." - Mahatma Gandhi

#### **Donate Now:**

Arya Samaj (Vedic Mission) West Midlands 188 Inkerman Street, Nechells Birmingham, B7 4SA

Food to be donated by Saturday 29<sup>th</sup> October 2016.