



येनेदं भूतं भुवनं भविष्यत्परिगृहीतममृतेन सर्वम् ।
येन यज्ञस्तायते सप्तहोता तन्मे मनः शिवसंकल्पमस्तु ॥

**Yenedaṃ bhūtaṃ bhuvanaṃ bhaviṣyat - parigrhīta - mamṛtena sarvam.
Yena yajña-stāyate saptahotā tan-me manaḥ śiva-saṃkalpa-mastu.**

Yajur-veda.34.4

Wherewith the immortal one, all that ever existed, all that at present exists and all that will ever exist in future, is comprehended; wherewith the yajña with seven priests is spread, may that mind of mine be always guided by the best of intentions.

Namaste <<First Name>> <<Last Name>> ji,

Arya Samaj Greater Houston is pleased to now be a nominating organization for the Posse Scholarship and will thus have the opportunity to nominate one AYM rising senior each year based on the following criteria.

- Should not have been nominated by their school*
- Active participation and demonstrated leadership in AYM activities*
- Written essay expressing interest and explaining why they should be considered for nomination*
- Detailed resume with academic and extra-curricular activities*

The nomination process commences early May and ends early Sept. Complete details and contact can be found on the Arya Samaj website by clicking [here](#).

What's Happening:

Sunday Pravachans:

- Mother's Day Discourse: May 8
- Meaning of Gaayatri Mantra: May 29

DAV Montessori School:

- Annual Day full of fun and celebration of graduations: May 22

DAV Sanskriti School:

- Enrollment for 2016-2017 in progress. Early registration closes May 8
- Graduation of DAVSS seniors with dances and awards: May 15

In the Community:

- Teacher Training Program for Patanjali Meditation: Fall 2016. Register by May 15 by contacting Acharya Harishji at harish_divs@yahoo.com

Ponder This

It is dark under even a lighted lamp, but when two lighted lamps face each other, darkness vanishes.

DAV Sanskriti School

Read a letter from the Director on the Arya Samaj website by clicking [here](#).

DAV Montessori School:

April saw the celebration of Father's Day at the school where dads and granddads were treated to gifts, speeches, cards, games, and lots of love! The children participated in the St. Jude's Trike-a-Thon Fundraiser and raised \$1800 for needy children.



Body is a Leased House

- Acharya Dr. Harish Chandra, Ved-Ratna

Humans are a bundle of body, mind and soul. The soul is our true identity, the inherent source of consciousness – the 'I'. It is fair to say that we have received the body on lease as we rent a house in a new city we move in. Mind is a bit closer instrument similar to the suitcase we came with to live in a new rented house. It is expected from us to well maintain the house. The landlord (God) ensures that all vital forces make it habitable, called *Praana*. It is our duty to provide adequate supplies of air, water and food to the body. Furthermore, we need clothes, shelter, and a host of other things to protect it from the vagaries of nature. However, we should not forget that we are responsible for the body's proper hygiene, upkeep and health. We should not get into tobacco, alcohol, and other drugs that are said to reduce the lifespan, the lease period for the house. Remember that the lease "agreement" has an unusual exit clause. We will be asked to vacate the body without any notice. As long as we occupy it, let us make good use of it for some higher purpose that others remember us for our deeds.

Arya Samaj in the Community

Our very own Acharya Harishji has been busy delivering the message of Hinduism around the city of Houston.

- The students of "Global Hinduism" at the University of Houston had the pleasure of hearing a lecture on "A Spiritual Perspective of Hinduism" on April 7.
 - Anyone interested in learning meditation should click on <http://www.meetup.com/Patajali-Yoga-Meditation-Houston-Meetup/> and attend the next PM100 6-week course. As of April, membership is more than 200 strong.
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AYM

After returning from the fun-filled campout on March 27, AYM youths focused on completing their book review projects. On April 10, over 25 AYM youths presented their books to AYM youths and mentors. It was a great experience for the audience who learned topics of varying fields - ranging from religion, science, sports politics, to philosophy..

On April 24, AYM youths assembled again to run the annual car wash and fund raising event. Around 20 youths washed 45 cars, raising around \$1000.

Thanks to the AYM convener Sanjay Ahujaji for making it another busy but exciting year for the AYM youths. They are now working for their final exams and looking forward to the graduation ceremony.



Contacts:

Acharya Surya Nanda:

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Acharya Harish Chandra:

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DAV Montessori School:

Arti Khanna: davmontessori@gmail.com;

281-759-3286

DAV Sanskriti School:

Dr. Kavita Vachaknavee or Sanjay Nayyar;

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Regular Activities:

Tuesday: 5:30pm - 8:00pm

Sanskrit and Vedas classes

Wednesday: 6:00pm - 7:00pm

Patanjali Meditation

Thursday: 7:00pm - 8.00pm

Mandukya Upanishad classes

Saturday: 8:00-9:30am

Yoga Classes

Sunday:

8:00-9:30 am - Yoga Classes

9:45 am-12 noon - DAV Sanskriti School

10:00 am-12 noon - Satsang

The library is reaching out to members to return books that have been checked out over the last few years. If you have any books from Arya Samaj, please bring them back to the library. For more information, please contact Rajeev Khanna or email aryasamaj@gmail.com.

Listen to Acharya ji's Sunday [Pravachan](#) For more information about Sunday satsang and yajmans please [Click here](#). To become yajman please contact [Payal Talwar](#) or Acharya Surya Nanda ji.



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