

# Pữṛṇamadaḥ Pữṛṇamidaṃ Pữṛṇāt Pữṛṇamudachyate,

### Pürnasya Pürnamādāya Pürnamevāvasisyate Eesha-upanishad

That is whole, this is also whole, from that whole this whole has come, having taken away this whole from that whole; the whole still remains unaffected.

# Namaste <<First Name>> <<Last Name>> ji,

August...the month of back to school, visions of a cooler fall, a beginning of sorts!

We look forward to the Silver Jubiliee of Arya Samaj. Celebrations will be Sept. 24 and 25 with a health fair, including 5K walk, yajna, cultural programs, and more. Mark your calendars!

### What's Happening:

### **DAV Montessori School:**

- Enrollment for 2016-2017 in progress, classes are filling up!
- First Day of School: Aug. 15 for 2nd-5th and Aug. 17 for preschool to 1st

### **DAV Sanskriti School:**

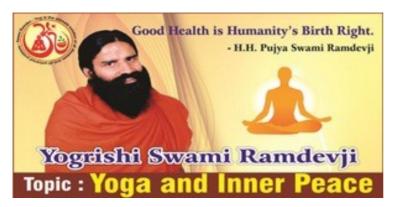
- Enrollment for 2016-2017 in progress.
- Orientation: Aug. 14
- First day of class: Aug. 21

Send us a note highlighting your student's accomplishments and life events so we can include them in the newsletter.

#### **Ponder This**

Count your rainbows, and not your thunderstorms.

Yoga and Inner Peace - Yogishri Swami Ramdevji Maharaj



You are cordially invited to meet and greet Yogrishi Swami Ramdevji and hear his message on "Yoga and Inner Peace". Swami Ramdev ji is a proponent of healthy living with a focus on yoga and ayurveda. We are fortunate to have him in Houston on August 23rd, 6:30-8:30 pm. For more information and registration please visit - pyptusa.org

# **Learn Sanskrit & Vedic Scriptures**

Those who are interested in learning Sanskrit Language (grammar, Pronunciation, Recitation etc.) and Vedic Scriptures (such as Vedas, Upanishads, Darśana Shastra, Gita etc.), please join our weekly classes at Arya Samaj Greater Houston as per the following schedule:

#### Tuesdays:

5.30 PM to 7.00 PM – Sanskrit (Advanced level) & Samp; Vidūra- Neeti 7.00 PM to 8.00 PM - Rig-Veda- adi-bhāṣya- bhûmikā (Introduction to Vedas)

### Thursdays:

5.30 PM to 7.00 PM - Sanskrit (Beginners level) & Subhāṣita Shlokas 7.00 PM to 8.00 PM - Upaniṣhad (TBD)

Our Next session of classes will start from August 16th 2016. All these classes are conducted by Acharya Surya Nanda, PhD in the Library hall of Arya Samaj Greater Houston. If you are interested in any of these classes, please send your name, address, phone number and email to snnanda68@gmail.com, or text at 832-867-4126. You may also directly walk in the class on the first day.

### **Women Superiority or Equality**

- Acharya Dr. Harish Chandra, Ved-Ratna

The Vedas don't discriminate among human beings. Even if there is a distinction then it is purely on the merits because it is only the human society that has categories of good and bad humans. Also, there is no distinction among men and women in the Vedas. However, the current trend in civil society is to discourage discrimination based on the gender, probably because women have been deprived of their legitimate rights in the recent past. Indeed, such shortcomings originated in the western culture because even the word 'woman' seems to have been derived from the word 'man' indicating their secondary status. We can be proud of the Vedas that it gives us the independent word for woman - Stri. The root meaning of the term is 'one that should be respected to the extent of being worshipped'. As the Vedas have their origin from the Supreme Being that has promulgated all the natural functions, it can be appreciated that men instinctively let a woman proceed if there happens to be a narrow passage even if she is a stranger. 'Ladies first' is the natural principle accepted worldwide. Manu has correctly stated that a society is well developed where men have acquired the status of Devatas that they treat women with respect - his word pujyante can be translated as 'respect to the point of worship'.

## **Contacts:**

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**DAV Montessori School:** 

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**DAV Sanskriti School:** 

Dr. Kavita Vachaknavee or Sanjay Nayyar; davssgm@gmail.com; 832-874-3376

## **Regular Activities:**

Tuesday: 5:30pm - 8:00pm Sanskrit and Vedas classes

Wednesday: 6:00pm - 7:00pm

Patanjali Meditation

<u>Thursday:</u> 7:00pm - 8.00pm Mandukya Upanishad classes

Saturday: 8:00-9:30am

Yoga Classes

### Sunday:

8:00-9:30 am - Yoga Classes

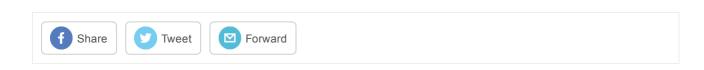
9:45 am-12 noon - DAV Sanskriti School

10:00 am-12 noon - Satsang

Editor of Newsletter: Poonam Agarwal/Surabhi

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The library is reaching out to members to return books that have been checked out over the last few years. If you have any books from Arya Samaj, please bring them back to the library. For more information, please contact Rajeev Khanna or email <a href="mailto:aryasamaj@gmail.com">aryasamaj@gmail.com</a>.



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