

## What is Arya Samaj?

Arya Samaj founded by Maharishi Dayanand Saraswati is an institution based on the teachings of Vedas for the welfare of universe. It propagates the universal doctrines of humanity. It is neither a religion nor a sect.

# ARYAN VOICE

YEAR 42

01/2020-21

MONTHLY

January 2020

Arya Samaj (Vedic Mission) West Midlands would like to wish you all a



## Very Happy New Year!

We wish 2020 brings joy, peace, good health, prosperity & happiness to you & your family....

## Republic Day of India Celebrations

Sunday 26th January 2020

Arya Samaj Bhavan - 11am to 1.30pm

## Yog - Teachers Training by Patanjali Yogpith UK

From 31<sup>st</sup> January 2020 to 2<sup>nd</sup> February 2020

(for detailed information please see page 24)

**Car Parking on Sunday Congregation – Car owners can safely park their cars on Rookery Road where there is SINGLE YELLOW LINE.**

321 Rookery Road, Handsworth, Birmingham, B21 9PR.

Tel - 0121 359 7727

Website - [www.arya-samaj.org](http://www.arya-samaj.org) E-mail – [enquiries@arya-samaj.org](mailto:enquiries@arya-samaj.org)

Charity registration number 1156785

facebook <https://www.facebook.com/aryasamajwestmidlands/>

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**For General and Matrimonial Enquiries**

**Please Ring**

**Miss Raji (Rajashree) Chauhan (Office Manager)**

**Monday to Friday between: - 2.30pm to 6.30pm,**

**Wednesday: - 11.00am to 1.00pm.**

**Bank Holidays – Closed - Tel. 0121 359 7727**

**E-mail- [enquiries@arya-samaj.org](mailto:enquiries@arya-samaj.org)**

## **10 Principles of Arya Samaj**

- 1. God is the primary source of all true knowledge and all that is known by its means.(At the beginning of creation, nearly 2 Billion years ago, God gave the knowledge of 4 Vedas to four learned Rishis named Agni, Vayu, Aditya and Angira. Four Vedas called Rig Ved, Yajur Ved, Sam Ved and Atharva Ved contain all true knowledge, spiritual and scientific, known to the world.)**
- 2. God is existent, intelligent and blissful. He is formless, omnipotent, just, merciful, unborn, infinite, invariable (unchangeable), having no beginning, matchless (unparalleled), the support of all, the master of all, omnipresent, omniscient, ever young (imperishable), immortal, fearless, eternal, holy and creator of universe. To him alone worship is due.**
- 3. Vedas are the scripture of all true knowledge. It is paramount duty of all Aryan to read them, teach and recite them to others.**
- 4. All human beings should always be ready to accept the truth and give up untruth.**
- 5. All our actions should be according to the principles of Dharma i.e. after differentiating right from wrong.**
- 6. The primary aim of Arya Samaj is to do good to the human beings of whole world i.e. to its physical, spiritual and social welfare.**
- 7. All human beings ought to be treated with love, justice and according to their merits as dictated by Dharma.**
- 8. We should all promote knowledge (Vidya) and dispel ignorance (Avidya).**
- 9. One should not be content with one's own welfare alone but should look for one's welfare in the welfare of all others.**
- 10. In matters which affect the well being of all people an individual should subordinate any personal rights that are in conflict with the wishes of the majority. In matters that affect him/her alone he/she is free to exercise his/her human rights**

## वेदों में विज्ञान-७

आचार्य डॉ. उमेश यादव

### भूगर्भ-विज्ञान (जिओलॉजी)

आज हम थोड़ा भूगर्भ विज्ञान की चर्चा करते हैं। वेदों में भूगर्भ विज्ञान के बारे में अनेकानेक संकेत मिलते हैं। कहीं-कहीं तो इसका विस्तृत ज्ञान भी मिलता है। कुछ दिग्दर्शन यहाँ उभारने की कोशिश की जाती है।

सर्वप्रथम हम पृथिवी के सात धाम के बारे में प्रमाण प्रस्तुत करते हैं-  
“अतो देवा अवन्तु नो यतो विष्णुर्विचक्रमे । पृथिव्याः सप्त धामभिः  
”। ऋग्वेद-१.२२.१६- सामान्य अर्थ है कि पृथिवी के सात धामों के सहयोग से सारे विद्वान् ज्ञानपूर्वक विचरण करें क्योंकि विष्णु ने इसका विक्रमण किया है।

यहाँ विष्णु परमात्मा का एक नाम है। महर्षि दयानन्द ने विष्णु शब्द का ईश्वर अर्थ में इस प्रकार लिखा- वेवेष्टि व्याप्नोति जगत्सर्वं चराचरम् स एव विष्णुः अर्थात् परमात्मा/ ईश्वर/ ब्रह्म सब एक ही ईश्वर का नाम है जो सब चराचर जगत् में व्यापक हो रहा है।

पृथिवी के सात धाम यहाँ उसके सात परतों को ही कहा गया है। विद्वान् अर्थात् ऋषि-महर्षि वा वैज्ञानिक अपने विशद् ज्ञान से इनमें

प्रवेश पाते हैं अर्थात् चिन्तन व पुरुषार्थ से नानाविध खोज करते हैं और भूगर्भ विद्या के सूक्ष्म विज्ञानों के सिद्धान्तों को खोलते हैं । विष्णु अर्थात् ब्रह्म की व्यापकता के कारण ही पृथिवी के अन्दर नानाविध परिवर्तन देखा जाता है । विष्णु के कारण ही गति है और विद्वानों के विशेष ज्ञान के कारण ही सर्वत्र प्रगति है ।

पृथिवी के ३ परत ठोस हैं तथा ४ परत गैसरूप हैं जो विज्ञानसिद्ध हैं और वेद भी यहाँ यही उद्घोषणा कर रहा है- यस्य श्वेता विचक्षणा, तीस्रो भूमीरधिक्षितः । त्रिरुत्तराणि पप्रतुर्वरुणस्य ध्रुवं सदः स सप्तानामिरज्यति । ऋग्वेद ८.४१.९-

यहाँ “तीस्रो भूमीः” स्पष्ट कहा अर्थात् ३ भूमियों को वरुण ने विस्तृत किया है पर वह “सप्तानामिरज्यति” ७तों परतों का स्वामी है ।

यहाँ वरुण शब्द भी परमात्मावाची ही है । वरुण जो बान्ध कर रखे अर्थात् संतुलित रखे । वरुण की श्वेत किरणें पृथिवी के ३ परतों को प्रकाशित करती हैं जिसकि पुष्टि जलीय ऊष्मा से हो जाती है ।

चुकि वरुण ७तों परतों का स्वामी है और ३ को भूमि अर्थात् ठोस बनाया है तो वाकि पृथिवी के ४ परत निश्चित ही गैस रूप है ।

## कोटि नमन

प्रति स्व. श्री सत्यप्रकाश गुप्ता

पूज्य सत्य प्रकाश गुप्ता जी, थे सच्चे आर्य सेनानी ।  
तुमने नव इतिहास बनाया, अपनी कलम से की बखानी ॥

वेद-ज्ञान से ही तुमने, अपना जीवन धन्य बनाया ।  
वेद-मार्ग ही श्रेष्ठ मार्ग था, परिवार को था बतलाया ॥

ऋषि दयानन्द की शिक्षाओं को, तुमने अंगिकार किया ।  
उनके सुविचारों को ही, तुमने था साकार किया ॥

आर्य समाज के शुचि सौम्य क्षेत्र में, तन-मन किया प्रकाश आलोकित ।  
जिसमें निहित समस्त मानवों का, था हित विलोकित ॥

ऋषि के सच्चे अनुयायी बन, वेद सत्य प्रकाश किया ।  
तुमने अपने त्याग-तपों से, पावनतम संदेश दिया ॥

कर्म, वचन और मन से तुमने, आर्य धर्म से प्यार किया ।  
जन-जीवन को तुमने हरदम, समरस मधुरिम सार दिया ॥

धर्म-धुरन्धर और दानी तुम, शुचिर तुम्हारा था अभिमान ।  
आर्य समाज के उचित आधार तुम, आज तुम्हें हैं कोटि नमन ॥ आज तुम्हें-- ॥

द्वारा डॉ. उमेश चन्द्र कथुरिआ -

ट्रस्टी ऑफ आर्य समाज वेस्टमिड्लैंड्स.

## दीपावली

-डॉ. गौरी शंकर यादव, रिटायर्ड, प्रिंसिपल, पटेल, +२ कॉलेज

दाउदनगर, औरंगाबाद, बिहार-भारत

युग-युग से अंधेरे में, हमने दीपक जलाया है,  
सो रहे थे जो संसार में, हमने उनको जगाया है ।  
सुरभित है हुयी यह धरा, साज नूतन सजाया है,  
गिरि-कन्दराओं में भी, मोती झिलमिलाया है ॥

चाँद मंगल पर चढ़ते चरण, चले छोड़कर हम धरा आवरण ।  
दीपावली की खुमारों में, किन्तु दूषित है पर्यावरण ॥

ऐसे भी घर हैं जहाँ, दीपक भी जलते नहीं, वंचित उपेक्षित जनों को,  
हम भी इंसां समझते कहीं ।  
धन, मान, शिक्षा, चिकित्सा, उन्हें भी वरतते कहीं, (तो) दुनियाँ की  
चकाचौंध में, उनके बच्चे तरसते नहीं ॥

ऊपर से आलोक है, भीतर है छिपी कलिमा,  
अरे मंगल धरा का करो, बिखेरो यहाँ लालिमा ।  
किया श्री कृष्ण ने भी यही, बुद्ध ने भी किया था यही ।  
श्री राम और ईशामसीह, महर्षि दयानन्द भी ॥

रैदास, मीरा, कबीरा, गुरु गोविन्द, गीत गाते यही,  
मंददीपक या कि, मोमबती, चाहे विजली की तीव्रगति ।  
सब में है वही रौशनी, ज्योति जलाते चलें,  
नाचते और गाते सभी, ज्योति पर्व मनाते चलें ।

## **Children's Corner** **Panchatantra Tales**

### **The Foolish Sage**

Once upon a time there was a sage called Deva Sharma. He was widely known and respected. People would visit him, and offer him with gifts, food, money and garments to seek his blessings. The gifts that he did not need for himself, he would sell off, and got rich on the proceeds.

By nature he trusted nobody. He never trusted anybody. So, he kept all his money in a bag which he carried under his arm all the time. He would not part with the bag for a single moment.

One day, a swindler came across the sage, and he became sure that the bag this holy man was so possessive of, must surely contain a lot of treasure.

He planned on stealing the bag from the sage, but could not think of a way to do so. He thought, "I cannot make a hole in the temple wall, or jump over the high gates. But I can charm him with sweet words to accept me as his disciple.

He wondered, "If I can stay with him as a disciple, I can win his confidence. When I get an opportunity, I will rob him, and leave this place."

Having planned so, the swindler approached the holy man with reverence, "Om Namah Shivaya! (I bow before Lord Shiva, the God of Destruction)". With these words, he fell on the sage's feet and said, "O Guruji, please guide me to the right path of life. I am fed-up with life, and want to seek peace."

The sage kindly replied, "My son, I will surely guide you. You are blessed because you have come to me to seek peace at this young age".



This was the opportunity the swindler was seeking, and he at once touched the feet of the sage for blessings, "O Guruji, please accept me as your disciple. I will do whatever you ask me to do."

The sage accepted the swindler as his disciple, but on a condition. He said, "A holy man as me is recommended to spend the night alone without company. This helps me to meditate also. So, you will not be allowed to enter the temple at night. You will sleep in a hut at the gate of the temple."

The swindler agreed, "I shall willingly serve your wishes in every way that you ask me to."

In the evening, the sage initiated the rituals and formally took the swindler as his disciple.

The swindler in return proved himself as an obedient disciple. He massaged his hands and feet, washed his feet and helped him with all the rituals along with cleaning the temple. Although the sage was happy with his disciple, the swindler could not gain enough confidence for the sage to part with his bag when he was around.

As the days passed by, the swindler started getting frustrated, "He does not trust me enough to leave the bag with me. I can gain access to the bag if I kill him with a knife or feed him with poison."

When he was thinking all this, the swindler saw a young boy visit the sage. He was the son of one of the sage's followers. He invited the sage, "Oh Guru Ji, I have come here personally to invite you to our house for the ceremony of the sacred thread. Please accept the invitation to sanctify the ceremony with your kind presence."

The sage accepted the invitation, and after some time started off for the town with the swindler. On the way, they came across a river, where the sage thought of relieving himself. He folded the bag full of money in his robe. He asked his disciple to look after it, "My child, look after the robe until I return".

This was the opportunity that the swindler was seeking all the while. As soon as the sage went behind the bushes, the swindler ran away with the bag full of money.

When the sage returned, he did not find the disciple around but found his robe lying on the ground. Shocked and anxious, he peered inside only to find that his bag was gone.

At once he knew what had happened, and began to shout, "Oh where are you, you rascal. You have robbed me."

The sage then started trailing the swindler's footsteps, but he reached town. He knew he will not be able to catch hold of him. He stayed the night in town to return empty-handed to his temple next morning.

**The wise indeed say: "Do not be taken in by the sweet words of a swindler"**



## **Matrimonial Service**

Arya Samaj (Vedic Mission) West Midlands is dedicated to its matrimonial members to provide a service that will help members find a partner for marriage within our community. We feel it is time to make a few changes to help with this process and move forward with the times.

### **Changes we have made in 2018:**

#### **Website:-**

- A new data base on the website that will give members an option to add a **photo** if they wish and a space for members to write a **bio** about themselves and what they are looking for in a partner.
- Existing members would have received a letter with information about what we need from you to update your profile. Once you have received this letter please fill it out and send back to us soon as possible, so we can update our **NEW** data base and you can start using the new system.

#### **Matrimonial Service:-**

- Members will now be given the **option** to directly contact each other or have the **option** for parents to contact each other.
- All **new** members will be contacted by the office staff for phone conversation during the application process.
- We are also looking in to ways of making our Matrimonial events more successful.
- **Now on facebook -**  
<https://www.facebook.com/aryasamajwestmidlands/>

## **News**

### **Please note**

**Car Parking for members on Sunday Congregation can safely park their cars on Rookery Road where there is SINGLE YELLOW LINE.**

### **Free Yoga Lesson**

**With Dr. Dheeraj Prakash Joshi Yogacharya  
Every Thursday - 7pm – 8.15pm  
ALL ARE WELCOME!**

### **Condolence:**

- Dr Anupam Gupta and family – for the loss of their beloved mother Mrs Usha Gupta on 2<sup>nd</sup> November 2019. We Pray to Almighty God to grant her soul eternal peace and give strength to his family members & relatives to bear his loss.

### **Congratulations:**

- Mrs Ranjan Chokhai – for wedding ceremony of her daughter Radhika to Rishi on 9<sup>th</sup> November 2019. Wishing them a happy married life.

### **Sponsors (Yajman):**

- Dr Chetan Varma & family – for Havan on 17<sup>th</sup> November 2019 for the 9<sup>th</sup> death anniversary of his father Mr Satya Prakash Verma. May god grant him eternal peace.
- Mrs Smita Mehra & family - for Haven on 1<sup>st</sup> December 2019 for death anniversary of her father Mr Satya Prakash Gupta. May god grant him eternal peace.

- Mr Joginder Pal Sethi & Mrs Santosh Sethi – for Havan on 24<sup>th</sup> November and 8<sup>th</sup> December 2019. Wishing them all happiness and good health.

**Many congratulations to all the mentioned families who have had auspicious havan at their residences On different occasions Or Sunday Vedic Satsangs In Arya Samaj Bhavan.**

**Donations:**

- |                                     |      |
|-------------------------------------|------|
| • Mrs Smita Mehra with Rishi Langar | £500 |
| • Dr Chetan Varma with Rishi Langar | £386 |
| • Dr Anupam Gupta                   | £300 |
| • Mr Joginder Pal Sethi             | £141 |
| • Mrs Kanti Bajaj                   | £100 |
| • Mrs Neerja Dandona                | £100 |
| • Mrs Santosh Sethi                 | £55  |
| • Dr Bhaskar Sharma                 | £50  |
| • Mrs Gargi Khosla                  | £50  |

**Donations to Arya Samaj West Midland through the Priest-Services:**

- |  |            |
|--|------------|
| • Mrs Ranjan Chokhai   | £400       |
| • Dr Anupam Gupta  | £250       |
| • Mrs Neerja Dandona   | £150       |
| • <b>Mr Andeep Mangle for 40<sup>th</sup> death anniversary of his father Mr Ramesh Kumar Mangle</b> | <b>£50</b> |

## **Members who pay donations by standing order**

<b>Name</b>	<b>Amount</b>	<b>Payment</b>
<b>Dr Narendra &amp; Mrs Shama Kumar</b>	<b>£81</b>	<b>Yearly</b>
<b>Anonymous</b>	<b>£100</b>	<b>Yearly</b>
<b>Dr &amp; Mrs Kiran Selvaratnam</b>	<b>£25</b>	<b>Monthly</b>
<b>Dr Narendra &amp; Mrs Shama Kumar</b>	<b>£20</b>	<b>Monthly</b>
<b>Mrs Kanti Bajaj</b>	<b>£20</b>	<b>Monthly</b>
<b>Mrs Nirmal Prinja</b>	<b>£15</b>	<b>Monthly</b>
<b>Dr Saroj Adlakha</b>	<b>£15</b>	<b>Monthly</b>
<b>Dr Umesh Kathuria &amp; Dr Subash Kathuria</b>	<b>£15</b>	<b>Monthly</b>
<b>Dr P.D. Gupta</b>	<b>£11</b>	<b>Monthly</b>
<b>Mrs Sushma Grover</b>	<b>£10</b>	<b>Monthly</b>
<b>Dr Bijay Kumar Singh</b>	<b>£10</b>	<b>Monthly</b>
<b>Mr Medharthee Rathore Arya</b>	<b>£10</b>	<b>Monthly</b>
<b>Mr. Anand Vrat &amp; Mrs. Renuka Chandan</b>	<b>£10</b>	<b>Monthly</b>
<b>Mr R Bali</b>	<b>£10</b>	<b>Monthly</b>
<b>Mr Joginder Pal Sethi</b>	<b>£10</b>	<b>Monthly</b>
<b>Mr Ram Sarup Kohli</b>	<b>£10</b>	<b>Monthly</b>
<b>Mr Swaraj Kumar</b>	<b>£7</b>	<b>Monthly</b>
<b>Mr Amit Khanna</b>	<b>£5</b>	<b>Monthly</b>

**Thank you for all your**  
**Donations!**

**Please contact Acharya Dr Umeh Yadav on  
0121 359 7727  
for more information on**

- **Member or non member wishing to be a Yajman in the Sunday congregation to celebrate an occasion or to remember a departed dear one.**
- **Have Havan, sankars, naming, munden, weddings and Ved Path etc performed at home.**
- **Our premises will be licensed for the civil marriage ceremony.**
- **Please join in the Social group at Arya Samaj West Midlands every Wednesday from 11am. Emphasis is on keeping healthy and fit with yoga and Pranayam. Hot vegetarian Lunch is provided at 1pm.**
- **PLEASE NOTE - THERE WILL BE NO RADIO XL VED PRACHAR TALK BY ACHARYA DR UMESH YADAV. THIS HAS BEEN POSTPONED UNTIL MARCH 2020.**

**Every effort has been taken that information given is correct and complete. But if any mistake is spotted please inform the office.**

**0121 359 7727**

**E-mail- [enquiries@arya-samaj.org](mailto:enquiries@arya-samaj.org)  
Website: [www.arya-samaj.org](http://www.arya-samaj.org)**

## **Fee for services provided by Arya Samaj West Midlands**

- Ordinary membership fee is £20 for 12 months.
- Renewal for ordinary members of ASWM will get reminder letter for their membership fee of £20 each year.
- Matrimonial Service - £90 for 12 months
- Hire of our hall –
  - Maharshi Dayanand Hall - £500 for 4 hours & £100 hourly.
  - Swami Shraddhanand Hall - £400 for 4 hours & £50 hourly.

## **Donations to Arya Samaj for Priest Service.**

- Marriage Ceremony performed by our priest - £400.
- Havan performed at home by our priest –
  - Birmingham and Surrounding Areas - £51
  - 12 Miles Outside of Birmingham - £101
- Cremation & Shanti Havan performed by our priest –
  - Birmingham and Surrounding Areas - £150
  - 12 Miles Outside of Birmingham - £200
  - Shanti Havan at Arya Samaj after cremation - £100



**Appeal for donation to**  
**Arya Samaj (Vedic Mission) West Midlands**  
**By Standing Order**

Dear Members

Sadar Namaste

I hope you are keeping well and in good spirits.

I wrote to you on 15th January 2018 about purchase and refurbishment of our new head quarter of Arya Samaj (Vedic Mission) West Midlands at Rookery Road, Handsworth, Birmingham, B21 9PR.

I am pleased to inform you that about £60,000 has been donated by generous members and friends of our Arya Samaj. About 90% of building works and refurbishments are complete now.

Now I would like to tell you about present financial facts of our Arya Samaj.

Every year we need about £35,000 funds in order to run our Arya Samaj on sound financial grounds.

According to our audited accounts, presented in AGM on 28th July 2019, we paid £22,584 in wages to our Minister of Religion (Acharya ji), a part time Manager and cleaners. £1816 was paid for Insurance cover, about £2100 for providing Rishi Langar on Sundays when there is no sponsor.

We pay annually £3000 on average for “Arya Voice”, our Monthly bulletin. On top of all this Gas and Electric bills have to be paid every month. One of our main sources of Income, Matrimonial services, was down to only £8370 for year 2018-19.

Recently I visited Hare Rama Hare Krishna temple in Watford. I

saw three big boards in a hall with about 300 names on these boards. At the top it said "PATRONS OF BHAKTIVEDANTA MANOR". These were the names of Annual donors. Their donations are used in maintenance of the building, big outside grounds and running various activities of the temple.

**For any institution to survive and flourish REGULAR DONATION is essential.**

I know that we are not as big a charity as Hare Rama Hare Krishna are. But we can run our Arya Samaj temple on the same thinking. We will definitely honour regular donors by putting their names on our big board in Swami Shraddhanand Hall.

All we need help from generous donors like you to donate on a regular basis in future.

Donations can be made by signing a Standing order to your Bank to pay £5, £10, £15 a month in to the

**The Co-operative Bank  
Name of account of - Arya Samaj (Vedic Mission) West  
Midlands Account number- 65839135,  
Sort Code- 08.92.99.**

You can donate cash or by cheque if it suits you.

The money donated by you will help our present and future generations.

So please donate generously. No matter how small every donation will be highly appreciated.

Kind regards.

Yours sincerely

Dr. Narendra Kumar  
Chairman



# Patanjali Yog Peeth (UK) Trust

Charity Reg No. 115370

## ASSISTANT YOG TEACHER TRAINING

### LEVEL 1 and

### Self Development/refresher Course

at

## BIRMINGHAM



### Dates for Training

Friday 31st January 2020 at 18.00 to 20.30

Saturday 1st February 2020 at 07.00 to 19.00 Breakfast and Lunch provided

Sunday 2nd February 2020 at 07.00 to 16.30 Breakfast and Lunch provided

### Venue

**ARYA SAMAJ BIRMINGHAM**

**321 Rookery Road, Handsworth**

**Birmingham - B21 9PR**

"Good Health is  
Humanity's Birth right"  
*Baba Ramdev*

**Please bring your  
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### FOR REGISTRATION AND INFORMATION PLEASE CONTACT

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**Nagin Prajapati: 07977 098493 Email: naginprajapati@gmail.com**

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**Darshanlal Sohal, National coordinator: 07803 149781**

**Email: dlsolah@pranyog.co.uk**

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